

State Practical Examination Guidelines

The Vermont State Board of Cosmetology and Barbering requires you to be examined on the following services in the order in which they are listed below on the practical examination:

Core Domain Services:

- Work Area and Client Preparation, and Set Up of Supplies
- Thermal Curling (**cold iron** will be used to demonstrate. Cord must be at least 4 feet long.)
- Haircutting
- Work Area and New Client Preparation, and Set Up of Supplies
- Chemical Waving
- Predisposition Test and Strand Test with Simulated Product
- Highlighting with Foil, Virgin Application with Colored Simulated Product
- Hair Color Retouch with Colored Simulated Product
- Virgin Hair Relaxer Application with Colored Simulated Product
- Blood Exposure Procedure

Additional Services required:

- Basic Facial
- Manicure and Polish Application
- Sculptured Nail

Mannequins

A **mannequin head** is required for all hair and facial services. It is the candidate's responsibility to come prepared for the examination. Mannequin heads that are pre-marked or pre-sectioned are **NOT** allowed for any part of the practical examination. The mannequin's hair must be brushed straight back prior to reporting to the examination.

A **mannequin hand** is required for all nail services. Hands with digital fingers (trainer hands) are **NOT** permitted during the examinations. Prior to reporting to the examination you **MUST** apply a set of nails to the mannequin hand. The artificial nails must cover the entire nail bed of each finger. If you are unable to use a mannequin hand, you will not receive credit for this section. You are no longer able to perform this service on your own hand.

Prohibited Items:

Aerosol products are not permitted at any time during the examination.

Monomer must be low odor/less-odor and factory sealed in its original container with the manufacturer's label.

Polymer and primer must be in its original container with manufacture's label.

Kit Size

Kit size must be **no larger** than **30" x 30"**. For safety reasons, all kits must fit completely under the table areas.

Dress Code

You should dress professionally as you would when you are working in a shop. You are not allowed to have your name, your school name, or a shop name on your professional attire or kit.