# CRESSIONAL SERVICES, INC.



South Carolina

BOARD OF COSMETOLOGY

Nail Technology
Candidate Handbook
November 2013

# **Quick Reference**

# STEP ONE: COMPLETE ONLINE APPLICATION

- Read Candidate Handbook
- Submit required documents to PCS

# STEP TWO: TAKE EXAMINATIONS

- Schedule Theory Examination with PSI
- Take Practical Examination on date scheduled with PCS

# **CONTACT INFORMATION**

# **Professional Credential Services (PCS)**

Regular Mailing Address

Attn: South Carolina Cosmetology

P.O. Box 198768

Nashville, Tennessee 37219-8768

**Courier Mailing Address** 

Attn: South Carolina Cosmetology

150 Fourth Avenue North

Suite 800

Nashville, Tennessee 37219

Customer Service: (888) 822-3272

Fax: (615) 846-0153 Email: <a href="mailto:sccos@pcshq.com">sccos@pcshq.com</a>

Website: <a href="http://www.pcshq.com">http://www.pcshq.com</a>

# **PSI Exams**

Scheduling: (800) 733-9267 Fax: (702) 932-2666

Website: www.candidate.psiexams.com

# **South Carolina Board of Cosmetology**

Department of Labor, Licensing, and Regulation

Regular Mailing Address

P.O. Box 11329

Columbia, South Carolina 29211-1329

**Courier Mailing Address** 

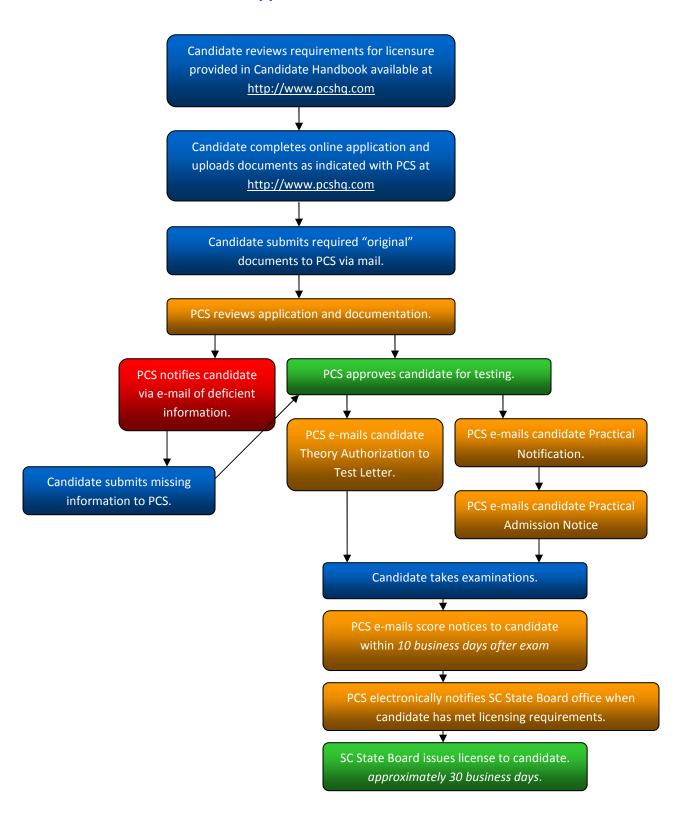
Synergy Business Park
Kingstree Building
110 Centerview Drive

Columbia, South Carolina 29210

Telephone: (803) 896-4588 Fax: (803) 896-4484

Website: http://www.llr.sc.us/POL/Cosmetology

# **Application Process**



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# Introduction

The Candidate Handbook is intended to help you to prepare and to understand the processes and procedures for applying for licensure and for scheduling your examination(s). The South Carolina Board for Cosmetology (the "Board") is responsible for licensing and regulating the profession of cosmetology in the State of South Carolina. The Board has contracted with Professional Credential Services ("PCS") to provide administrative examination services. The Board, through PCS, will exclusively use the National-Interstate Council of State Boards of Cosmetology ("NIC") examinations. PCS first requires that candidates submit an on-line Examination and License Application ("Application"). This is required to determine your eligibility for testing. Any questions regarding your application or eligibility should be directed to PCS. The State Board will have the final authority to approve the issuance of a license.

# **State Licensure Requirements**

In order to receive a Nail Technicians license in the State of South Carolina, you must meet the following requirements:

- 1. Be at least 16 years of age.
- 2. Have completed at least the 10<sup>th</sup> grade or equivalent.
- 3. Have completed at least 300 in state or out of state Nail Tech training hours.
- 4. Successfully completed the NIC theory and practical examinations.

# **Training Hour Expiration**

 Pursuant to South Carolina Law, all examinations must be taken and passed within 24 months of the date training was completed. Effective January 1<sup>st</sup> 2011.

# **Foreign Credentials**

Any foreign credentials are required to be evaluated by one of the following South Carolina Board approved services.

Educational Credential Evaluators (414) 289-3400 <a href="http://www.ece.org">http://www.ece.org</a>
 International Consultants of Delaware (215) 222-8454 <a href="http://wwwicdeval.com">http://wwwicdeval.com</a>

# **Examination Fees**

Examination Type	First Time Fees	Re-Exam Fees
Nail Tech Theory & Practical	\$ 175.00	\$ 130.00
Nail Tech Theory	\$ 115.00	\$ 70.00
Nail Tech Practical	\$ 105.00	\$ 60.00

Fees may be paid by credit card (Master Card, Visa or Discover) online or call 1-888-822-3272 in order to submit your fees via money order or certified check by requesting an invoice. Your application will not be considered complete until payment has been received. Incomplete applications will be processed for the next available practical exam date once all required information has been received by PCS.

First Time Examination Fees include your license fee. All fees are non-refundable.

# **Practical Examination Dates**

Location	Examination Date	Application Deadline
Columbia	01/27/2014	01/06/2014
Columbia	02/17/2014	01/27/2014
Columbia	03/17/2014	02/24/2014
Columbia	04/21/2014	03/31/2014
Columbia	05/19/2014	04/28/2014
Columbia	06/16/2014	05/26/2014
Columbia	07/21/2014	06/30/2014
Columbia	08/18/2014	07/28/2014
Columbia	09/15/2014	08/25/2014
Columbia	10/20/2014	09/29/2014
Columbia	11/17/2014	10/27/2014
Columbia	12/15/2014	11/24/2014

# **Special Accommodations**

If you require special accommodations under the Americans with Disabilities Act, you must submit an ADA Request Form along with supporting medical documentation. You may download a copy of this form by going to the Forms Section of the South Carolina Nail Technology page at <a href="http://www.pcshq.com">http://www.pcshq.com</a>.

# **Application Requirements**

The following items must be submitted via mail to PCS or up-load to your application by logging into your Homepage once an online application has been completed.

- 1. A current 2x2 passport type photo.
- 2. Copy of Photo Identification Card must be current, non-expired Driver's License, State Issued ID Card or US Issued Passport.
- 3. Copy of signed Social Security Card or letter issued by the Social Security Office.
  - If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- 4. Copy of High School Diploma, High School/College Transcript, or G.E.D. High School Transcript must show completion of at least the 10<sup>th</sup> grade.
- 5. Affidavit of Eligibility (See Form Section on the PCS Webpage)
  - All areas of form must be completed with information contained on the photo identification submitted.

The following item must be submitted via mail to PCS once an online application has been completed.

- 1. Training Affidavit Original and Notarized (See Form Section on the PCS Webpage)
  - ➤ Enrollment Dates including the actual month, day, and year of graduation/completion must be provided.
  - Out of State candidates may submit an official transcript as long as the transcript provides a breakdown of hours by subject and enrollment dates (including graduation date).

#### **Criminal Conviction**

Information may be submitted via mail or you can up-load to your application by logging into your Homepage.

- If you have a conviction which occurred in the state of South Carolina, you must submit a SLED report which can be obtained by calling 803-737-9000 or visiting <a href="https://www.sled.sc.gov">www.sled.sc.gov</a>.
- If you have a conviction which occurred outside the state of South Carolina, you must submit a criminal history report from the local law enforcement office (in the state where the conviction occurred).

# **Testing Prior to Completion of Training**

- If you attend a private (non-vocational) school within South Carolina and you have completed at least 250 Nail Tech hours, you can take the examinations prior to completing the full 300 hour requirement. Effective June 17<sup>th</sup> 2013.
- Once you have completed the required 300 Nail Tech hours, your school must submit an Affidavit of Completion via mail (See Form Section on the PCS Webpage). You will not receive a Notice of Completion and your application will not be forwarded to the South Carolina State Board Office until this form has been received by PCS.

# **Expired License**

# **How to Reinstate an Expired License**

- 1. If you held a South Carolina license which has been expired for less than three years, you must contact the South Carolina State Board Office at (803) 896-4588 for information on how to reinstate your license.
- 2. If you had a South Carolina license which has been expired for three years but less than four years, you must complete an online application with PCS and submit all required documents. You must take the theory examination.
- 3. If you had a South Carolina license which has been expired for four years or more, you must complete an online application with PCS and submit all required documents. You must take the theory and practical examination.

# **Application Requirements**

The following items must be submitted to PCS via mail or you can up-load to your application by logging into your Homepage once an online application has been completed.

- 1. A current 2x2 passport type photo.
- 2. Copy of Photo Identification Card must be current, non-expired Driver's License, State Issued ID Card or US Issued Passport.
- 3. Copy of signed Social Security Card or letter issued by the Social Security Office.
  - ➤ If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- 4. Affidavit of Eligibility (See Form Section on the PCS Webpage)
  - All areas of form must be completed with information contained on the photo identification submitted.

# **Endorsement License Requirements**

**Method One**: No Examination Required. You must contact the South Carolina State Board Office at (803) 896-4588 for information on how to endorse your out-of-state Nail Tech license.

- You hold a current out of state Nail Tech license.
- You have completed at least 300 Cosmetology training hours.
- You have passed the NIC theory and practical examinations.

**Method Two**: Must complete an online application with PCS and take the NIC Theory and Practical Examinations through PCS.

- You hold a current out of state Nail Tech license.
- You have completed at least 300 Nail Tech training hours.
- You have not passed the NIC Examinations or have passed part of the NIC Examinations.

**Method Three**: Must complete an online application with PCS and take the NIC Theory and Practical Examinations through PCS.

- You hold an expired out of state Nail Tech license.
- You have completed at least 300 Nail Tech training hours.
- You have not passed the NIC Examinations.

**Method Four**: Must complete an online application with PCS, provide proof of Work Experience approved by the South Carolina State Board; and take the NIC Theory and Practical Examinations through PCS.

- You hold a current or expired out of state Nail Tech license.
- You have not completed at least 300 Nail Tech training hours, but can provide proof of at least 2 years work experience as an active Nail Tech.
- You have not passed the NIC Examinations.

**Method Five**: Must complete an online application with and take the NIC Examination not previously passed.

- You hold a current out-of-state Nail Tech license.
- You have completed a least 300 Nail Tech training hours.
- You have previously passed either the NIC Theory or Practical Examination.

# **Endorsement Application Requirements**

#### **Method One**

1. Contact the South Carolina State Board office at (803) 896-4588

#### Method Two, Three or Five

The following items must be submitted to PCS via mail or you can up-load to your application by logging into your Homepage once an online application has been completed.

- 1. A current 2x2 passport type photo.
- Copy of Photo Identification Card must be current, non-expired Driver's License, State Issued ID Card or US Issued Passport.
- 3. Copy of signed Social Security Card or letter issued by the Social Security Office.
  - If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- 4. Copy of High School Diploma, High School/College Transcript, or G.E.D. High School Transcript must show completion of at least the 10<sup>th</sup> grade.
- 5. Affidavit of Eligibility (See Form Section on the PCS webpage)
  - All areas of form must be completed with information contained on the photo identification submitted.

The following item must be submitted via mail to PCS once an online application has been completed.

1. Submit a Verification of Licensure. Original Verification must be mailed directly from the State Board office to PCS.

#### **Method Four**

The following items must be submitted to PCS via mail or you can up-load to your application by logging into your Homepage once an online application has been completed.

- 1. A current 2x2 passport type photo.
- 2. Copy of W2 Statement or Tax Return showing two years Nail Tech work experience.
- 3. Copy of Photo Identification Card must be current, non-expired Driver's License, State Issued ID Card or US Issued Passport.
- 4. Copy of signed Social Security Card or letter issued by the Social Security Office.
  - If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- 5. Copy of High School Diploma, High School/College Transcript, or G.E.D. High School Transcript must show completion of at least the 10<sup>th</sup> grade.
- 6. Affidavit of Eligibility (See Form Section on the PCS webpage)
  - All areas of the form must be completed with information contained on the photo identification submitted.

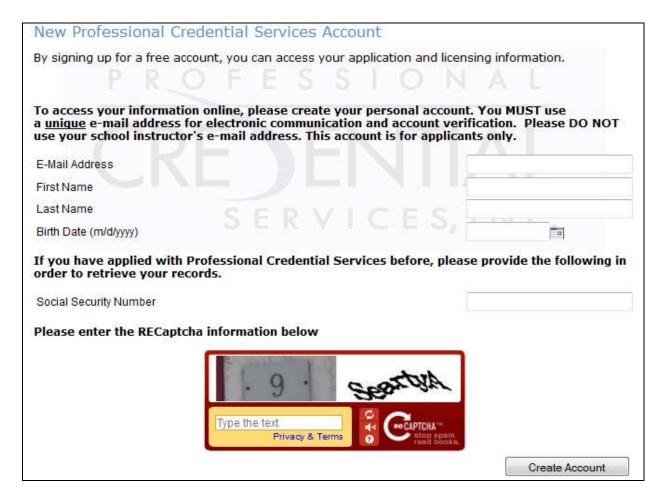
The following item must be submitted via mail to PCS once an online application has been completed.

1. Submit a Verification of Licensure. Original Verification must be mailed directly from the State Board office to PCS.

# **PCS Account Set-Up**

Before you are able to complete an online application with PCS, you must first become a registered user within the website. To do so, please follow the steps below.

- 1. Go to http://www.pcshq.com
- 2. Click Candidates
- 3. Click Cosmetology & Barbering
- 4. Click South Carolina
- 5. Click Nail Technology under Cosmetology Related Professions
- 6. Click Apply Online (First Time)
- 7. *Creating a PCS Account (first time users only)*; enter valid, unique e-mail address, your first and last name, date of birth, and Social Security number.
- 8. Enter RECaptcha information as prompted; click Create Account
- 9. Check your e-mail account for a PCS system generated e-mail.
- 10. Click link in e-mail to verify account information and create PCS password.
- 11. Click Enable Account



# **PCS Application**

Once you have created your PCS account, you are then ready to complete the online application. To do so, please follow the steps below.

- 1. Complete steps 1-6 listed above.
- 2. Enter e-mail address and password provided during account set-up.
- 3. You are now in the online application; select appropriate license type (i.e. Cosmetology).
- 4. Continue with online application until all required fields have been completed.
- 5. Choose the examinations you wish to take.
- 6. Select Payment Option\*.
- 7. You may up-load your 2x2 photo and required documents that are allowed to be a "copy." Original required documents must be mailed.

\*You can provide a credit card in order to pay your fees online or call 1-888-822-3272 in order to submit your fees via money order or certified check by requesting an invoice. Your application will not be considered complete until all required documents and payment have been received. Incomplete applications will be processed for the next available practical exam date once all required information has been received by PCS.

- You must complete the online application using your legal name the name which appears on your current government issued photo identification (i.e. Driver's License).
- A unique e-mail address must be provided to create a PCS Account (i.e. more than one user cannot provide the same e-mail address).
- If you are applying prior to the completion of training, you must indicate this on your online application.



# **PCS Candidate Homepage**

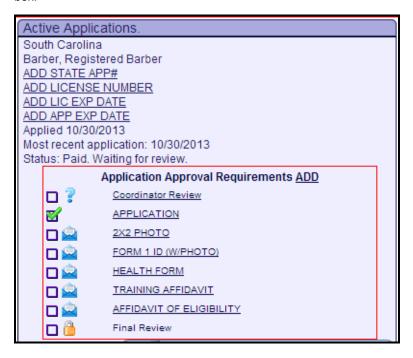
# **Logging into your Homepage**

- 1. Go to <a href="http://www.pcshq.com">http://www.pcshq.com</a>
- 2. Click Client Portal
- 3. Enter e-mail address and password
- 4. Click Log In



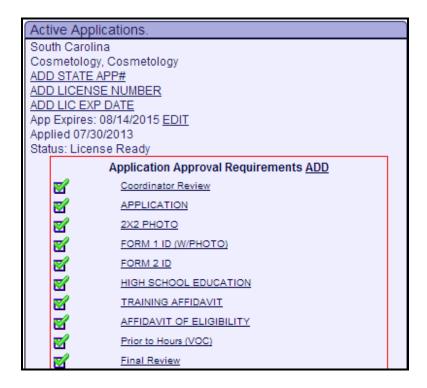
# **Application Status**

You may check the status of your online application 24/7 by logging into your PCS account. As items are received, green check boxes will appear under the Application Approval Requirements section of the Active Applications box.



# How do I know if my application is approved?

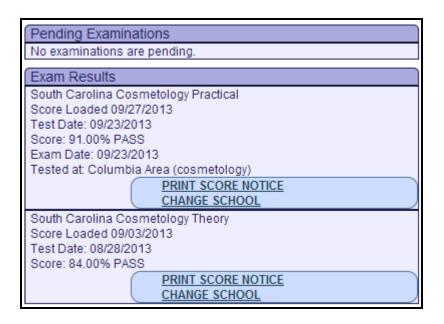
If an application has been approved, a green check will appear in the Final Review Box under Active Applications.



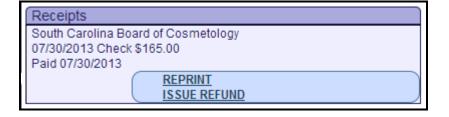
# **Reprinting Documents**

You may reprint information concerning your examinations, payment receipts, and/or scores by logging into your Homepage.

Click Print Score Notice option next to item you wish to reprint a score notice



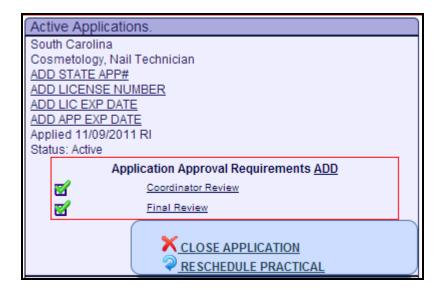
Click Reprint option next to item you wish to print a receipt.



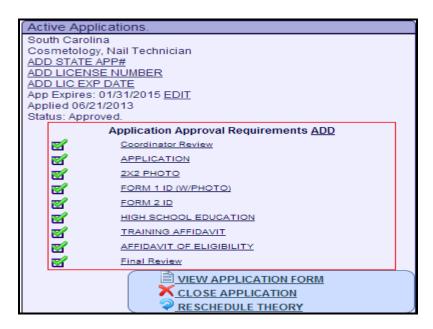
# **Examination Rescheduling**

If you have missed or failed an examination, you may reschedule online with a credit card by logging into your Homepage.

 To reschedule practical examination, click Reschedule Practical under the Active Applications box.



 To reschedule theory examination, click Theory Reschedule under the Active Applications box.



# **Application Approval Process**

Once an online application has been completed (payment has been made), the coordinator will receive notification and a system generated e-mail will be sent to your e-mail to confirm the successful completion of your application. PCS will review your application and enter any requirements which may be pending (i.e. Training Affidavit, High School Education, etc.) no later than three business days. If documents are submitted after the online application has been completed, PCS will enter those as received no later than three business days of receipt.

- If PCS receive an application or a required document which is incomplete or completed incorrectly, PCS will notify you via e-mail and your file will remain pending until all necessary information has been received.
- In order to receive your desired practical examination date, the online application, required documents, and payment must be received in our office on or before the examination deadline.
- Late or incomplete applications will be processed for the next available practical examination once all required information has been received.

#### **Examination Notification**

Once your application has been approved, PCS will forward the following notifications via e-mail.

- 1. A Theory Authorization to Test (ATT) letter will be sent via e-mail within one business day.
- 2. A Practical Examination Notification informing you of your approved date will be sent via e-mail within one business day.
- 3. A Practical Admission Notice confirming your assigned date, time, and location will be sent via email 10 business days prior to your examination date.

! If you do not receive any e-mails within the time frame listed above, it is your responsibility to check your PCS account and reprint this information. If you are unable to access your account, it is your responsibility to contact PCS at (888) 822-3272.

# **Examination Scheduling**

# **Theory Examination Scheduling**

Once you have received your ATT letter, you must contact PSI to schedule your theory appointment.

- Schedule online <a href="http://www.psiexams.com">http://www.psiexams.com</a>
- Schedule with PSI representative at (800) 733-9267 (Monday Friday 7:30 AM to 8:00 PM EST, Saturday 11:00 AM to 5:00 PM EST)
- Schedule with PSIs Interactive Voice Response System during non business hours at (800) 733-9267.

# **Rescheduling Policy**

You may reschedule your theory examination without forfeiting your fee by contacting PSI at least 2 business days prior to your scheduled date. You may call (800) 733-9267 or fax (702) 932-2666. You may also use the automated system using a touch-tone phone (24 hours a day) to cancel or reschedule your examination.

# **Practical Examination Scheduling**

You will request a practical date when completing your on-line application. As long as you have all required information in by the deadline date, you will be scheduled to take your examination on the date requested. Otherwise you will be assigned to the next available once your application has been approved.

# **Rescheduling Policy**

Rescheduling is not permitted for the practical examination unless you are hospitalized or involved in a traffic accident on the way to the test center which prevents you from arriving on time. In these cases, documentation must either be faxed to (615) 846-0153 to the attention of the SC Coordinator; e-mailed to your coordinator at <a href="mailto:sccos@pcshq.com">sccos@pcshq.com</a>; or uploaded to your homepage.

# **Inclement Weather Policy**

In the event of inclement weather or similar emergency, a scheduled examination may be canceled or delayed. However, this decision is made only in rare instances and at the discretion of PCS and/or PSI. If a test center is open for testing, and you choose not to appear for your scheduled examination, your fee will be forfeited. You will have to reschedule your appointment and resubmit the appropriate fee to PCS. If you have reason to question whether or not a center will be closed due to an emergency, please call PCS to make inquiries regarding the practical examination and PSI for inquiries regarding the theory examination.

# **Examination Day Requirements**

#### What do I need to take with me to the examination?

- Admission Notice (practical) or ATT Letter (theory)
- A current 2x2 passport type photo
- Two (2) forms of identification with one form must be a government issued photo id (see below)
- Examination Supplies (if taking practical examination see NIC Content Outline page)

If you fail to bring these items, you will not be allowed to take the examination and you will forfeit your examination fee.

# **Acceptable Forms of Identification**

Both forms of Identification must be listed under then name which you applied.

**Primary ID** (current, non-expired Governments Issued ID)

- State issued Driver's License
- State issued Identification Card
- US Government issued Passport
- US Government issued Military Identification Card
- US Government issued Alien Registration Card

# **Secondary ID** (signature, non-expired)

- Credit Card or Debit (ATM) Card
- Social Security Card
- US issued Birth Certificate
- An alternate form of Primary ID (i.e. if you have a Driver's License, you can bring your US Passport as a Secondary ID)

#### **Arrival**

You must arrive at the test center at least thirty (30) minutes prior to your examination for registration. If you arrive past your examination time, you will not be permitted to test.

# **General Examination Policies**

# **Security Policy**

Suspected security breaches during either the theory or practical test administrations, such as an act of impersonation, creating a disturbance, giving or receiving unauthorized information or aiding other candidates, attempting to remove test information by any means, possessing prohibited materials or sharing supplies may be sufficient cause to dismiss you from the examination site or to invalidate or cancel your scores. Suspected breaches may be identified by observation or suspicion by the test center staff, or may be evidenced by subsequent statistical analysis of examination materials. PCS reserves the right to investigate each incident of misconduct and will report such incidents directly to the Board. The Board will make all final decisions on examination score invalidations or cancellations. **No visitors, guests or children are allowed in the test center.** 

# **Copyrighted Examination Questions**

All test questions are the express copyrighted property of NIC. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these test questions by any means, in whole or in part. Doing so may subject you to severe civil and criminal penalties, including prison incarceration and/or fined up to \$250,000 for criminal violations.

#### **Prohibited Items**

No food, beverages, purses, notebooks, magazines, backpacks, briefcases, hats, caps, reference books or electronic devices such as cameras, computers or computerized devices, ipods, radios, recording devices, portable fax machines, cellular telephones, calculator watches, reproduction equipment, smoking or the use of tobacco are strictly prohibited in the examination room. Failure to comply with any of these conditions will result in you being dismissed immediately, and your actions reported to the proper authorities. PCS is not responsible for <u>any</u> personal items brought to the examination site.

#### **Environmental Distracters**

Although every attempt is made to provide a quiet and comfortable test environment, noise and room temperature may be an unforeseen and unavoidable distracter. It is suggested that you wear the type of clothing that would allow you to adapt to a cooler or warmer climate at the testing site.

# **Examination Results**

#### **Score Notices**

An official score notice will be e-mailed to you at least 10 business days after your examination date. *An unofficial pass or fail notice will be provided to you by PSI after you take the theory examination.* If you do not receive an e-mail within this time frame, you may print a score notice by logging into your PCS account.

# **State Score Requirements**

The minimum score required to pass both the theory and practical examination is 75. If you fail an examination, PCS will provide a strengths and weakness report (located at bottom of score notice) and information on how to re-apply online. Once you pass both the theory and practical examination, you will receive a *Notice of Completion*.

# **State Score Requirements**

Once all required examinations have been passed, PCS will perform a final review of your application. If all required documents are on file, PCS will forward your application to the South Carolina Board Office so that they can review and process your license. You may use your *Notice of Completion* to work until you receive your license from the South Carolina Board Office. *If you attended a Vocational School, you may not use your Notice of Completion to work. You must wait until you receive your license.* 

# **Change of Information**

# **Directions**

Complete the following form – all applicable areas of this form should be completed in order for PCS to properly locate and updated your account.

If you need to update your name, you must provide a copy of your marriage certificate, divorce decree or other court documentation that confirms your name change.

Fax: 615-312-3788

Email: <a href="mailto:sccos@pcshq.com">sccos@pcshq.com</a>

Print your name as it appears on your Application below.			
Name:			
Street:			
City:	State:	Zip:	
Print your updated name or address below.			
Name:			
Street:			
City:	State:	Zip:	
Print Social Security Number:		-	
Sign and Date your Request:			
Signature:		Date:	

# **Formal Complaints**

# **Directions**

If you have a complaint regarding any aspect of the application and examination process, you must submit a formal written complaint. Complaints regarding examinations must be mailed to PCS within 48 hours of incident. Written complaint must include the following information.

- First and Last Name
- Last four digits of Social Security Number
- State in which you are applying for a license
- Examination Date & Location if applicable

# Mail Complaint to:

Professional Credential Services, Inc. Attn: South Carolina Cosmetology P.O. Box 198768 Nashville, Tennessee 37219-8768

# **Complaint Review Process**

Upon receipt of your complaint, PCS will thoroughly review all necessary information. A written reply will be emailed to you within three (3) business days.

## Scientific Concepts – 45%

# Understand infection control procedures as it relates to:

- ♦ Bacteria and how they are spread
- ♦ Viruses and how they are spread
- ♦ Fungi and how they are spread
- ♦ Methods of sanitation
- Methods of disinfection
- ♦ Methods of sterilization
- ♦ Nail services
- Sanitizing and disinfecting circulating and noncirculating pedicure tubs
- ♦ Dispensing products (e.g., using a spatula)

# Understand safety procedures as related to:

- ♦ Disposal of soiled materials
- ♦ Storage of supplies
- OSHA requirements for Material Safety and Data Sheets (MSDS)
- ♦ OSHA requirements for product labeling
- OSHA requirements for product storage
- ♦ OSHA requirements for ventilation
- ♦ OSHA requirements for product disposal
- ♦ OSHA requirements for blood borne pathogens
- ♦ OSHA requirements for Universal Precautions
- ♦ Preventing work injuries

# Understand basic human anatomy/physiology as it relates to:

- ♦ The function of the skin
- ♦ The structure of the skin
- Disorders and diseases of the skin (e.g., abnormal pigmentation, infections, inflammations, lesions)
- ♦ The skeletal system and its function
- ♦ The muscular system and its function
- ♦ The vascular/circulatory system and its function

♦ The nervous system and its function

# Understand nail anatomy/physiology as it relates to:

- ♦ The parts of the nail (e.g., root, mantle, matrix)
- The structure and composition of the nail (e.g., keratin, layers of the nail, blood supply to the nail)
- Nail conditions and disorders
- ♦ Nail diseases
- ♦ Signs of infections

#### Understand basic chemistry as it relates to:

- ♦ Adhesion
- ♦ Chemical reactions
- ♦ Physical reaction
- ♦ Product ingredients

# Understand product function as it relates to:

- ♦ Acetone and non-acetone products
- ♦ Alum
- ♦ Antiseptic
- ♦ Brush cleaners
- ♦ Catalyst/Activator
- ♦ Cuticle cream/oil
- **♦** Exfoliants
- ♦ Gel
- ♦ Moisturizers
- ♦ Monomer
- ♦ Nail polish
- ♦ Polymer
- ♦ Primer
- ♦ Resin/Adhesive
- ♦ Solvent

# Nail Technology Procedures - 55%

#### Perform general procedures as it relates to:

- ♦ Client consultation
- ♦ Nail assessment
- ♦ Conditions that would prohibit service (contraindications)
- ♦ Service recommendations
- ♦ Service documentation (e.g., client card)

#### Understand the function of:

- ♦ Nail equipment (e.g., table, lamp, pedicure basin)
- Nail implements (e.g., nail clippers, cuticle pusher, nippers)
- Nail supplies, products, and materials (e.g., cotton, lotion, towels)

# Perform nail service preparation as it relates to:

- Sanitation and disinfection of work station/service area (e.g., pedicure basin, table)
- ♦ Station set-up
- Sanitizing technician's hands and client's hands and/or feet

#### Perform manicure services as it relates to:

- ♦ Removing nail polish
- Clipping and shaping nails safely
- ♦ Softening cuticles in warm soak
- ♦ Using cuticle remover/solvent
- ♦ Pushing back cuticles safely
- ♦ Removing excess cuticle safely
- ♦ Cleaning nails safely
- ♦ Applying cuticle oil/cuticle cream
- ♦ Applying lotion for massage
- ♦ Removing traces of oil or lotion on/under nails safely
- ♦ Buffing nails safely
- ♦ Applying nail polish
- ♦ Paraffin service
- ♦ Hot oil/lotion service

#### Perform pedicure services as it relates to:

- ♦ Removing nail polish
- ♦ Clipping and shaping nails safely
- ♦ Softening cuticles in warm soak

- ♦ Using cuticle remover/solvent
- Pushing back cuticles safely
- ♦ Removing excess cuticle safely
- ♦ Exfoliating safely
- ♦ Reducing calluses safely
- Cleaning nails safely
- ♦ Applying cuticle oil/cuticle cream
- ♦ Applying lotion for massage
- ♦ Removing traces of oil or lotion on/under nails safely
- ♦ Buffing nails safely
- ♦ Applying nail polish
- ♦ Paraffin service

#### Perform basic massage movements as it relates to:

- ♦ Effleurage
- ♦ Friction
- ♦ Petrissage
- ♦ Tapotement

# Perform nail enhancement services as it relates to:

- ♦ Tip application
- ♦ Tip trimming
- ♦ Tip blending
- ♦ Removing tip safely
- ♦ Acrylic overlays
- ♦ Acrylic sculptured nails
- ♦ Acrylic maintenance (fill-ins, refills, rebalance)
- ♦ Acrylic backfill (e.g., pink and white maintenance)
- ♦ Removing acrylic safely
- ♦ Wrap overlays
- ♦ Wrap maintenance (fill-ins, refills, rebalance)
- ♦ Removing wrap safely
- ♦ Light-cured gel overlays
- ♦ Light-cured gel sculptured nail
- Light-cured gel maintenance (fill-ins, refills, rebalance)
- Light-cured gel backfill (e.g., pink and white maintenance)
- Removing light-cured gel safely
- ♦ Contouring and shaping nails
- Using a file/buffer safely
- Using an electric file safely

# **Sample Questions**

The following sample questions are similar to those on the NIC Nail Technology (Manicuring) Written Examination. Each question is followed by four answer choices. Only one choice is correct. Correct answers are listed following the sample questions.

- 1. Pumice stone is used in pedicuring as
  - a. an abrasive.
  - b. a bleach.
  - c. a lubricant.
  - d. an astringent.
- 2. What is the **FIRST** step in performing a manicure?
  - a. Shape the nails
  - b. Soften the cuticles
  - c. Clean under free edge
  - d. Remove old polish
- 3. Where should all manicuring cosmetic supplies be kept when not being used?
  - a. On a clean shelf
  - b. On the manicuring table
  - c. In a clean manicuring kit
  - d. In clean, closed containers
- 4. Which one of the following is a condition in which the cuticle splits around the nail?
  - a. Hangnails
  - b. Pterygium
  - c. Onychophagy
  - d. Onychorrhexis
- 5. Nerves and blood vessels are found in the nail
  - a. bed.
  - b. wall.
  - c. plate.
  - d. grooves.

- 6. An antiseptic is used in manicuring to
  - a. bleach the nails.
  - b. treat minor cuts.
  - c. smooth corrugated nails.
  - d. give the nails a high sheen.
- 7. After each use, manicuring implements should be
  - a. wiped with a towel.
  - b. wiped with a tissue.
  - c. cleansed and disinfected.
  - d. placed in dry storage.
- 8. For which one of the following are oil manicures recommended?
  - a. Leuconychia
  - b. Split nails
  - c. Brittle nails
  - d. Prevention of infection
- 9. What is the actively growing part of the nail?
  - a. Lunula
  - b. Matrix
  - c. Mantle
  - d. Free edge
- 10. What should be applied to a split in the nail before wrapping it?
  - a. Top coat
  - b. Base coat
  - c. Adhesive glue
  - d. Nail hardener

The National Cosmetology examination is the national licensure examination for Nail Technology, which is developed and administered by the National-Insterstate Council of State Boards of Cosmetology (NIC). The time allowed for this examination is 90 minutes.

#### **Answer Key**

1. a 4. a 7. c 10. c

2. d 5. a 8. c

3. d 6. b 9. b

# **Nail Technology (Manicuring) References**

# Milady's Standard Nail Technology 6<sup>th</sup> Edition, 2011

Milady 5 Maxwell Drive Clifton Park, NY 12065 (800) 347-7707 www.Milady.com

# Salon Fundamental, Nails 2007

Pivot Point International, Inc. Evanston, IL 60201 (800) 886-4247

NIC Cleaning and Disinfecting of Circulating and Non Circulating Tubs and Spa's for All Industry Modalities

NIC, Inc., August 2007 www.nictesting.org

www.pivot-point.com

# **Optional References**

#### Milady's Standard Textbook of Cosmetology, 2008

Milady 5 Maxwell Drive Clifton Park, NY 12065 (800) 730-2214 www.Milady.com

# Salon Fundamentals, Cosmetology, 2007

Pivot Point International, Inc. Evanston, IL 60201 (800) 886-4247 www.pivot-point.com

# **NIC Health and Safety Standards**

NIC, Inc., October 2002 www.nictesting.org

#### Cleaning & Disinfecting of Circulating and Non Circulating Tubs and Spa's for All Industry Modalities.

The recommended cleaning and disinfecting standard for all circulating and non circulating tubs or spas are: (the use of eye goggles and nitrile protective gloves are recommended and exposure of the client's feet, or other skin areas of the body to disinfectants should be avoided).

After each client or service:

- 1. Drain the tub.
- 2. Clean the tub according to manufacturer's instructions. Take special care to remove all film, especially at the water line. Rinse the tub well.
- 3. Fill the tub with water.
  - a. Add appropriate disinfectant into the water according to the following:
    - i. At Minimum, use an EPA registered, bactericidal, virucidal, fungicidal, and pseudomonacidal (Formulated for Hospitals) disinfectant that is mixed and used according to the manufacturer's directions, EXCEPT TUBS THAT HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS.
    - ii. If a Tub has COME IN CONTACT WITH BLOOD OR BODY FLUIDS at minimum, an EPA registered disinfectant that is effective against HIV –1 and human Hepatitis B Virus or Tuberculocidal that is mixed and used according to the manufacturer's directions shall be used.
  - b. Allow the disinfectant to stand for non circulating tubs or to circulate for circulating tubs for the time specified according to the manufacturer's instructions.
- 4. At the end of the day remove all removable parts (filters, screens drains, jets, etc) clean and disinfect the removable parts as follows:
  - a. Scrub with a brush and soap or detergent until free from debris.
  - b. Rinse.
  - c. Completely immerse in an EPA registered, bactericidal, virucidal, fungicidal, and pseudomonacidal (Formulated for Hospitals) disinfectant that is mixed and used according to the manufacturer's directions.
  - d. Rinse.
  - e. Air dry.
- 5. Replace the disinfected parts into the tubs. (drains, jets, etc) or, store them in a disinfected, dry, covered container that is isolated from contaminants.

Salons are choosing to purchase extra drains and removable parts so the parts can immediately be changed out with pre disinfected parts saving time between clients. If so, any part which has COME IN CONTACT WITH BLOOD OR BODY FLUIDS must at minimum be disinfected with an EPA registered disinfectant that is effective against HIV –1 and human Hepatitis B Virus or Tuberculocidal that is mixed and used according to the manufacturer's directions. Storage as in number 5 above.

#### **Adopted August 2007**

# **State Practical Examination Guidelines**

The South Carolina State Board of Cosmetology requires you to be examined on the following services on the practical examination:

# **Core Domain Services**

- Set Up and Client Protection
- Manicure
- Nail Tip
- Nail Wrap
- Sculptured Nail
- Polish

# **Mannequins**

A mannequin hand is required for all services as well as the necessary clamp to properly secure the mannequin hand to a table during the examination.

# **Aerosol Products**

You are not permitted to use aerosol products at anytime during the examination.

# **Kit Size**

Recommended kit size is no larger than 30" x 30". For safety reasons, all kits must fit completely under the table areas.

# **Practical Examination Supplies**

Recommended General Supplies		
ALL SUPPLIES MUST BE LABELED IN ENGLISH		
	dry storage kit/container hand sanitizer mannequin hand(s) with artificial nails attached (trainer hands are NOT permitted)* EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used* disposal bag for waste materials cloth and paper towel(s) cotton first aid supplies (blood spill kit) tape	
Bas	sic Manicure Supplies	
	bowl and container of water cuticle cream/remover filing and buffing implements cuticle pusher nail brush hand lotion or massage product cuticle oil	
Nai	il Tip and Nail Wrap Supplies	
	cuticle pusher nail tips and adhesive nail wrap material (non pre-cut fabric) filing and buffing implements scissors accelerator	
Scu	Ilptured Nail Supplies	
	cuticle pusher sculptured nail products (powder, primer, liquid). (The product must be in its original container with the manufacturer's label. NIC strongly recommends, due to the testing environment, that odorless sculptured nail products be used during the NIC practical examinations.) sculptured nail brush liquid & powder containers filing and buffing implements sculptured nail forms	
Pol	ish Supplies	
	polish remover base coat/top coat red polish	

#### **Important Instructions**

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination.
- Candidates are required to bring their own kit with sufficient quantity of supplies in sanitary condition. This includes the required implements in proper working order and protective drapes. The kit must be kept closed except when removing or replacing materials for a particular service. The kit will be used during the examination as dry storage and is considered part of the work area.
- All examinations are administered in a testing environment. Candidates should bring a container of water if needed
  for any section of the examination. Candidates may bring a thermos of hot water if desired. All water and their
  containers must be taken with the candidates and may not be disposed of at the testing facility.
- Candidates are evaluated at all times. Continue demonstrating until you have completed the entire section.
- Candidates will be given 10 minutes for client protection and to set up the general supplies that they will use throughout the examination. Candidates will also set up the supplies for the basic manicure section of this examination.
- Candidates will also be given 2 minutes to set up the supplies for each section of the examination.
- The verbal instructions will be read twice for each section of the examination. Each examination section has a maximum time allowance. Once you have completed all tasks in the section please turn the hand toward the examiner to indicate that you are finished. In the event that all candidates complete the section before the time has elapsed the examiners will proceed to the next section of the examination.
- Candidates must follow all appropriate public protection and infection control procedures during all phases of the practical examination that will ensure the health, safety, and welfare of the public. In the event of a blood spill candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your dismissal from the examination.
- Cellular phones, pagers, any electronic device, printed materials, and handwritten notes are NOT permitted in the
  examination room. Talking to other candidates or any examiner is strictly prohibited. Failure to comply with any of
  these conditions will result in you being dismissed immediately, and your actions reported to the proper authorities.
  Your examiner has been instructed not to answer any questions concerning your examination. This ensures equal
  opportunity for all candidates and standardization in testing for the National Practical Examination. If you have an
  emergency situation please ask to speak with the supervisor.
- Manufacturer's labels are required on all disinfectants and sanitizers. An EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used. Simulated products are NOT allowed for disinfectants and hand sanitizers.

#### Mannequin(s)

You are required to bring a mannequin hand(s) for the practical examination. Mannequin hands with digital fingers (trainer hands) are **NOT** permitted during the examinations. Prior to reporting to the examination candidates **MUST** apply a set of nails to the mannequin hand. The artificial nails must cover the entire nail bed of each finger.

# **Set Up and Client Protection (10 minutes)**

**Verbal Instructions:** "You will now set up the general supplies that you will use throughout your examination." "You will also set up the manicure supplies." "You will be observed for client protection, safety and infection control procedures." "Upon completion of each section of this examination, please turn the hand toward the examiner to indicate that you are finished." "You will have 10 minutes to complete this section." "You will be informed when you have 5 minutes remaining (1) "The instructions will be repeated." (2) "You may begin set up."

#### Candidates will be evaluated on the following tasks:

- Disinfects work area or uses protective covering
- Disposes of soiled materials using infection control procedures
- Sanitizes hands
- Sets up work area with supplies labeled in English
- Sets up implements that are visibly clean and sanitary
- Practices infection control procedures safely throughout setup
- Maintains work area in a safe manner throughout setup

#### Manicure (20 minutes)

**Verbal Instructions:** "You will now perform the manicure section of this examination." "You will be expected to follow all safety and infection control procedures." "You will have 20 minutes to complete this section." "You will be informed when you have 10 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

#### Candidates will be evaluated on the following tasks:

#### Preparation

- Sanitizes hands
- Sanitizes hand to be manicured

#### **Demonstration of Filing**

- Shapes free edge safely
- Establishes uniform length and shape

#### **Demonstration of Cuticle Care**

- Immerses fingers in bowl of water
- Dries hand completely
- Applies cuticle cream or remover using infection control procedures
- Pushes back cuticle safely
- Cleans under free edge safely
- Buffs nail safely
- Applies cuticle oil using infection control procedures

#### **Demonstration of Hand Massage**

- Applies massage product using infection control procedures
- Massages palm, back of hand, and fingers
- Maintains continuous contact while massaging hand
- Cleanses massage product from each nail plate

#### **Safety and Infection Control**

- Disposes of soiled materials using infection control procedures
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

#### Nail Tip (20 minutes)

**Verbal Instructions for Set Up:** "You have 2 minutes to remove the supplies from your kit for the nail tip section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

#### **Verbal Instructions:**

"You will now perform the nail tip section of this examination."

"You will apply a nail tip to the ring finger." "You will be observed for client protection, safety and infection control procedures."

"You will have 20 minutes to complete this section." "You will be informed when you have 10 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

#### **Nail Tip continued**

# Candidates will be evaluated on the following tasks:

#### Preparation

- Sets up nail tip supplies labeled in English
- Removes shine from nail plate safely
- Removes dust from nail plate and cuticle
- Selects a nail tip that matches width of nail plate

#### **Application of Nail Tip**

- Applies nail dehydrator/cleanser to nail plate
- Attaches nail tip to nail plate with nail adhesive
- At least ½ of nail plate remains uncovered
- Trims nail tip safely

#### Demonstration of Filing\Blending

- Shapes free edge safely
- Tip is blended to nail plate safely

#### **Final Appearance of Nail**

- Cuticle and skin surrounding nail are free from nail adhesive
- Hyponychium is free from nail adhesive
- Finished nail is smooth and even

#### **Safety and Infection Control**

- Disposes of soiled materials using infection control procedures
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

#### Nail Wrap (20 minutes)

# Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the nail wrap section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

#### Verbal Instructions:

"You will now perform the nail wrap section of this examination." "You will apply a wrap to the middle finger." "You will be observed for client protection, safety and infection control procedures." "You will have 20 minutes to complete this section." "You will be informed when you have 10 minutes remaining."(1) "The instructions will be repeated." (2) "You may begin."

# Candidates will be evaluated on the following tasks:

#### Preparation

- Sets up nail wrap supplies labeled in English
- Removes shine from nail plate safely
- Removes dust from nail plate and cuticle
- Applies nail dehydrator/cleanser to nail plate

#### **Application of Nail Wrap Product**

- Applies nail adhesive to nail plate
- Applies wrap material over nail plate
- Removes excess wrap material to fit nail plate safely
- Applies nail adhesive over nail wrap
- Applies wrap accelerator safely
- Applies second coat of nail adhesive
- Applies second coat of wrap accelerator safely

#### **Demonstration of Filing**

- Files nail wrap safely
- Buffs nail wrap safely

#### Final Appearance of Nail Wrap

- Nail plate is covered by wrap
- Cuticle and surrounding skin remains free of nail adhesive
- Finished nail wrap is smooth and even

#### **Safety and Infection Control**

- Disposes of soiled materials using infection control procedures
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

#### Sculptured Nail (20 minutes)

NIC strongly recommends, due to the testing environment, that odorless sculptured nail product is used during the NIC practical examinations.

#### **Verbal Instructions for Set Up:**

"You have 2 minutes to set up the supplies for the sculptured nail section of this examination." Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

#### **Verbal Instructions:**

"You will now perform the sculptured nail section of this examination, using an odorless product." "You will apply a sculptured nail to the index finger." "You will be observed for client protection, safety and infection control procedures." "You will have 20 minutes to complete this section." "You will be informed when you have 10 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

#### Candidates will be evaluated on the following tasks:

#### Preparation

- Sets up sculptured nail supplies labeled in English
- Removes shine from nail plate safely
- Cleanses nail plate and cuticle of dust

#### **Application of Sculptured Nail Product**

- Applies nail form to fit snugly under free edge
- Applies primer safely
- Applies sculptured product to extend free edge
- Applies sculptured product to cover nail plate

#### **Demonstration of Filing**

- Shapes free edge safely
- Files sculptured nail to shape/balance safely
- Buffs sculptured nail safely

#### **Final Appearance of Nail**

- Finished sculptured nail is smooth, even, and beveled/tapered
- Contour of sculptured nail is balanced
- Nail plate is covered by sculptured nail product
- Cuticle and surrounding skin remains free of

#### sculptured nail product

#### Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

#### Polish (10 minutes)

#### **Verbal Instructions for Set-Up:**

"You have 2 minutes to remove the supplies from your kit for the polish section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set-up."

#### Verbal Instructions:

"You will now perform the polish section of this examination." "You will polish all 5 nails." "You will be observed for client protection, safety and infection control procedures." "You will have 10 minutes to complete this section." "You will be informed when you have 5 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

#### Candidates will be evaluated on the following tasks:

#### Preparation

• Sets up polish supplies labeled in English

#### **Application of Polish**

- Applies base coat to cover nail plate
- Applies red polish to cover nail plate
- Applies top coat to cover nail plate

#### **Final Appearance of Nails**

- Final appearance of polish is smooth and even
- Cuticle and surrounding skin remain free of polish

# **Safety and Infection Control**

- Disposes of soiled materials using infection control procedures
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

#### **Candidate Summary and Final Cleanup**

#### **Verbal Instructions:**

"This concludes the national practical examination. Please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination."

# **Nail Technology (Manicuring) References**

# Milady's Standard Nail Technology 6<sup>th</sup> Edition, 2011

Milady 5 Maxwell Drive Clifton Park, NY 12065 (800) 347-7707 www.Milady.com

#### Salon Fundamental, Nails 2007

Pivot Point International, Inc. Evanston, IL 60201 (800) 886-4247

www.pivot-point.com

# NIC Cleaning and Disinfecting of Circulating and Non Circulating Tubs and Spa's for All Industry Modalities

NIC, Inc., August 2007 www.nictesting.org

# **Optional References**

# Milady's Standard Textbook of Cosmetology, 2008

Milady 5 Maxwell Drive Clifton Park, NY 12065 (800) 730-2214 www.Milady.com Evanston, IL 60201 (800) 886-4247 www.pivot-point.com

#### **NIC Health and Safety Standards**

NIC, Inc., October 2002 www.nictesting.org

Salon Fundamentals, Cosmetology, 2007

Pivot Point International, Inc.

# NIC Health and Safety Standards Blood Spill Procedure

If a blood spill should occur, the following steps MUST be followed:

- SUPPLY INJURED PARTY WITH LIQUID STYPTIC/ANTISEPTIC AND THE APPROPRIATE DRESSING TO COVER THE INJURY.
- DOUBLE BAG ALL BLOOD-SOILED (CONTAMINATED) ARTICLES AND LABEL WITH RED OR ORANGE BIOHAZARD WARNING. This is the responsibility of the candidate and should be executed as follows:

#### **CANDIDATE INJURY - FOR EXAMINATION PURPOSES**

- PROTECTION If a cut is sustained, stop the service and clean the injured area.
- 2. **APPLY** antiseptic and/or liquid or spray styptic as appropriate (see NOTE).
- 3. **DRESSING** cover the injury with the appropriate dressing.
- COVER injured area with finger guard or glove as appropriate.
- 5. **CLEAN** model/client and station as appropriate.
- DOUBLE BAG and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.
- 7. **RETURN** to service.

#### **MODEL INJURY - FOR EXAMINATION PURPOSES**

- 1. **STOP** service.
- 2. **GLOVE** hands of candidate/student/licensee.
- 3. **CLEAN** injured area as appropriate.
- APPLY antiseptic and/or liquid or spray styptic as appropriate (see NOTE).
- 5. **COVER** the injury with the appropriate dressing to prevent further blood exposure.
- DOUBLE BAG and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.
- 7. **RETURN** to service.

# **EXAMINERS:**

- EXAMINER IS TO USE UNUSED DISPOSABLE LATEX
  GLOVES OR NON-ALLERGENIC EQUIVALENT WHEN
  CHECKING THAT CANDIDATE'S SERVICE. DOUBLE BAG
  AND DISPOSE USED GLOVES.
- FOLLOW WITH ANTIMICROBIAL SCRUB ON HANDS.
- DOCUMENT INCIDENT IN BLOOD SPILL LOG.

NOTE: DO NOT ALLOW CONTAINERS, BRUSHES, NOZZLES OR LIQUID STYPTIC TO TOUCH THE SKIN OR CONTACT THE WOUND. USE AN APPLICATOR. EXAMINERS SHOULD ALSO COMPLETE AN INCIDENT REPORT.

#### **Wet Disinfection Standard**

- All tools and implements, EXCEPT THOSE THAT
   HAVE COME IN CONTACT WITH BLOOD OR BODY
   FLUIDS must be disinfected, at minimum, by
   complete immersion in an EPA registered,
   bactericidal, virucidal, fungicidal, and
   pseudomonacidal (Formulated for Hospitals)
   disinfectant that is mixed and used according to the
   manufacturer's directions.
- All tools and implements WHICH HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS must be disinfected, at minimum, by complete immersion in an EPA registered disinfectant that is effective against HIV-1 and human Hepatitis B Virus or Tuberculocidal that is mixed and used according to the manufacturer's directions.

# **Dry Storage Standard**

Disinfected implements must be stored in a disinfected, dry, covered container and be isolated from contaminants.

#### **Hand Washing**

(Anti-Bacterial Soap is recommended)

Thoroughly wash hands and the exposed portions of arms with antibacterial soap and water before providing services to **each client** *and* after smoking, drinking, eating, and using the restroom.

#### **Nail Technology**

#### **Practical Examinations**

Liquid Monomer containing *Methyl Methacrylate (MMA)* is **prohibited** for use during NIC practical examinations. NIC strongly recommends, due to the testing environment, that odorless sculpture nail products be used during the NIC practical examinations.

Adopted as amended October 2002

#### **General Questions**

#### 1. What is NIC?

NIC is the abbreviation for the National Interstate Council of State Boards of Cosmetology, Inc. NIC is the founder of national testing for cosmetology, and cosmetology related fields.

#### 2. Are the NIC examinations offered in other languages?

All NIC practical examinations are administered in English. NIC offers the written examinations in other languages as mandated by State legislation. Please refer to your state's requirements. Many states do not offer alternate languages because the students are learning in English. The pass rate on foreign language examinations is very low.

#### 3. What if I do not know what a task means on the NIC practical examination?

All questions and tasks are referenced to all textbooks listed in this Candidate Handbook. The information must be the same in all referenced textbooks in order for it to be used on the examination. NIC has a National Textbook Committee that works with the textbook companies to ensure the information is consistent and correct.

#### 4. Will I be evaluated on technique?

NIC examinations do not evaluate technique. The Candidate Handbook lists the tasks that are evaluated.

#### 5. What if I have an emergency during the practical examination?

You may ask to speak with the examination proctor if you are experiencing an emergency situation. Problems with the kit or supplies are not an emergency situation and you should do the best you can with what you have available.

#### 6. What if I need to use the restroom during the practical examination?

You may ask the examiner to be excused to use the restroom; you will be asked to sign out and back into the examination. The examinations will continue and they will not be permitted extra time.

# 7. What should I do if I cut myself during the examination?

You are expected to follow the NIC Health and Safety Standards; failure to do so may result in your dismissal from the examination. Please refer to the page in this handbook that outlines the NIC Health and Safety Standards procedures.

#### 8. What if I forgot to pack something that I need for the practical examination?

In the event that you forget an item or implement or something breaks, you should do the best you can do with what you have available. You should continue as you are able and perform as many tasks as you are able.

#### 9. Do kits need to have a cover and does it have to be kept closed during the examination?

Implements and supplies must be in a closed container. Kits must be kept closed at the exam site except when removing or replacing supplies. Suitcases must be zipped shut.

# **Specific Nail Tech Practical Questions**

#### 1. Is the Nail Technology practical examination performed on a mannequin hand?

The Nail Technology examinations are performed on a mannequin hand. Prior to reporting to the examination, candidates must apply a set of nails to the mannequin's hand. The artificial nails must cover the entire nail bed of each finger. You must provide the necessary clamp required to secure a mannequin hand to the table during the examination. Mannequin hands with digital fingers (trainer hands) are NOT permitted during the examination.

#### 2. How do I know if I have a trainer hand (mannequin hand with digital fingers)?

Mannequin hands with movable joints (digital fingers) are considered trainer hands and are NOT permitted. Please see illustration below:



#### 3. What can I use if I can't find a mannequin hand?

You can use a surgical glove filled with corn meal.

#### 4. Do I need a wet sanitizer for the practical examination?

Wet sanitizers are not necessary because candidates cannot perform proper wet disinfection at their stations as they do not have access to hot running water.

# 5. How do I hold the "skin" away from the sides of the nail while filing on a mannequin?

• You should demonstrate positioning their fingers at the sides of the nail while filing. You should not hold the finger on the top or at the knuckle as this does not protect the "skin" at the sides of the nail.

#### 6. What is the proper way to file the nails safely?

The nail file must move from outside edge to center, you should not file back and forth or cut into the corners of the nail.

#### 7. Do I need to use a finger bowl to soak the mannequin's fingers?

You must soak the mannequin's fingers, but do not have to use a finger bowl. The fingers are very stiff and will be easier to soak in a regular bowl or container.

# 8. How do I hold the cuticle pusher to avoid damaging the nail plate?

You need to hold the cuticle pusher with a little elevation when pushing the cuticle to avoid damaging the nail plate.

#### 9. How do I determine the proper size nail tip to apply?

The nail tip selected must match the width of the nail. If it is too wide you may file it to size. The nail tip cannot cover more than ½ of the nail plate. Less than ½ of the nail plate is fine.

#### 10. Am I required to cut the nail wrap? Can I file off excess wrap from the tip of the nail?

You must demonstrate cutting and trimming the wrap during the examination. You cannot file off excess wrap as it breaks the weave of the fabric.

#### 11. Am I required to use an "odorless" sculptured nail product?

You must use an odorless or low odor sculptured nail product. The product must be in the original container and it must be labeled "odorless or low odor" in English. Candidates will be instructed to open their liquid to verify that the product is "odorless or low odor". If it is not, you will be instructed to tape the bottle shut and will not be permitted to use it. Candidates will be told to do the best they can with what they have available.

# 12. Is it all right if the primer gets on the skin?

The primer should only be applied to the nail plate and not on the skin.

#### 13. How is the nail form applied?

The nail form must fit snug under the nail without any gaps.

#### 14. Does NIC specify how long the sculptured nail must be when completed?

You must extend the free edge to be longer than the nail that is attached.

# 15. Is it all right to file on top of the sculptured nail product?

You must file the sculptured nail product on the top of the nail and then buff the product.

#### 16. Does the sculptured nail product have to be applied using a particular method?

You may apply product as they were taught. NIC does not evaluate technique and they do not specify one ball, two ball, etc.

#### 17. What will the examiners look for in the finished sculptured nail?

The finished nail must taper to a thin edge. The curve of the nail needs to be balanced and not flat.

#### 18. Do I need to recap the sculptured nail powder and liquid?

You must recap the powder and the liquid when they are not in use. The nail filings will contaminate the products.

# 19. Can I use one bottle for the base coat and topcoat?

The base coat and topcoat can be the same product but it must be labeled base/top coat.

# 20. Does the examiner evaluate the polish application and the number of coats applied?

You must cover the entire nail plate with polish. Polish on the skin must be cleaned off. The number of coats applied is not evaluated.

# 21. When will the examiner check the finished nail?

• The examiner will check the finished nail when you have turned the hand toward the examiner to indicate that they are finished.

# 22. Do I need to recap all bottles and jars during the examination?

You must keep all bottles and jars capped when not in use. The glue must be recapped when not in use.