PROFESSIONAL

CRE ENTIAL

SERVICES, INC.



South Carolina

BOARD OF COSMETOLOGY

Cosmetology

Candidate Handbook
October 2014

Quick Reference

STEP ONE: COMPLETE ONLINE APPLICATION

- Read Candidate Handbook
- Submit required documents to PCS

STEP TWO: TAKE EXAMINATIONS

- Schedule Theory Examination with PSI
- Take Practical Examination on date scheduled with PCS

CONTACT INFORMATION

Professional Credential Services (PCS)

Regular Mailing Address

Attn: South Carolina Cosmetology

P.O. Box 198768

Nashville, Tennessee 37219-8768

Courier Mailing Address

Attn: South Carolina Cosmetology

150 Fourth Avenue North

Suite 800

Nashville, Tennessee 37219

Customer Service: (888) 822-3272

Fax: (615) 846-0153 Email: sccos@pcshq.com

Website: http://www.pcshq.com

PSI Exams

Scheduling: (800) 733-9267 Fax: (702) 932-2666

Website: www.candidate.psiexams.com

South Carolina Board of Cosmetology

Department of Labor, Licensing, and Regulation

Regular Mailing Address

P.O. Box 11329

Columbia, South Carolina 29211-1329

Courier Mailing Address

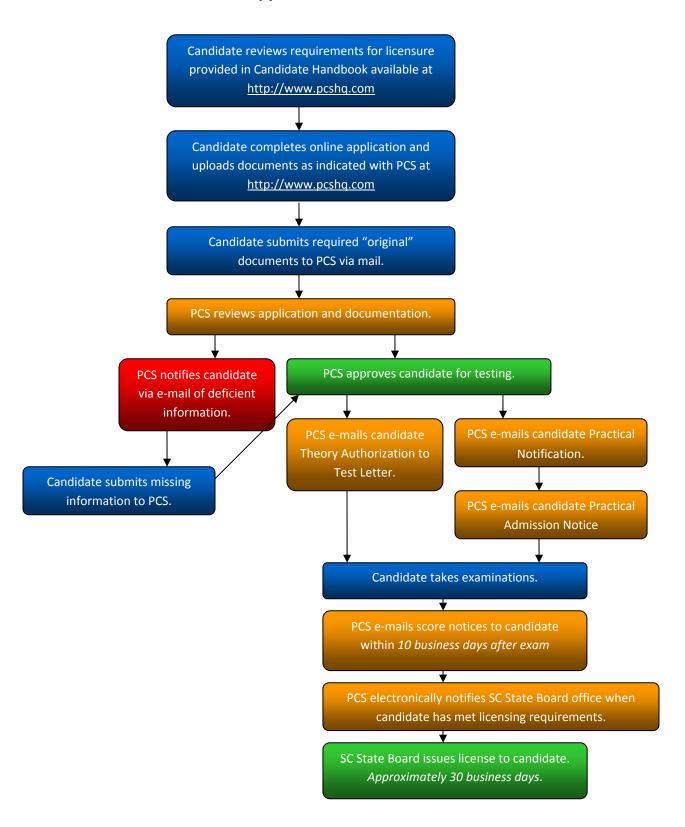
Synergy Business Park Kingstree Building 110 Centerview Drive

Columbia, South Carolina 29210

Telephone: (803) 896-4588 Fax: (803) 896-4484

Website: http://www.llr.sc.us/POL/Cosmetology

Application Process



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Introduction

The Candidate Handbook is intended to help you to prepare and to understand the processes and procedures for applying for licensure and for scheduling your examination(s). The South Carolina Board for Cosmetology (the "Board") is responsible for licensing and regulating the profession of cosmetology in the State of South Carolina. The Board has contracted with Professional Credential Services ("PCS") to provide administrative examination services. The Board, through PCS, will exclusively use the National-Interstate Council of State Boards of Cosmetology ("NIC") examinations. PCS first requires that candidates submit an on-line Examination and License Application ("Application"). This is required to determine your eligibility for testing. Any questions regarding your application or eligibility should be directed to PCS. The State Board will have the final authority to approve the issuance of a license.

State Licensure Requirements

In order to receive a Cosmetology license in the State of South Carolina, you must meet the following requirements:

- 1. Be at least 16 years of age.
- 2. Have completed at least the 10th grade or equivalent.
- 3. Have completed at least 1,500 in state or out of state Cosmetology training hours.
- 4. Successfully completed the NIC theory and practical examinations.

Training Hour Expiration

 Pursuant to South Carolina Law, all examinations must be taken and passed within 24 months of the date training was completed (or the said hours become invalid).

Crossover License – Master Hair Care to Cosmetology

According to South Carolina Cosmetology regulation 35-26 a Master Hair Care Specialist licensee who wishes to crossover to a Cosmetology license must pass a Cosmetology Practical Examination. Prerequisites to examination - complete an online application, submit applicable fee, and meet <u>one</u> of the following options:

- (A) Provide proof of holding a current Master Hair Care Specialist license for at least 2 years
- (B) Provide one of the following Experience and Training prerequisites:
 - (1) Five years of work experience as a Master Hair Care Specialist license.
 - (2) Four years work experience under such a license and one hundred (100) hours of cosmetology school training approved by the board.
 - (3) Three years work experience under such a license and two hundred (200) hours of cosmetology school training approved by the board.
 - (4) Any licensed Master Hair Care Specialist with less than three (3) years experience must have three hundred fifty (350) hours of cosmetology school training approved by the board.
 - (5) Any applicant must possess equal to or greater than current cosmetology education.

Foreign Credentials

Any foreign credentials are required to be evaluated by one of the following South Carolina Board approved services.

1.	Aequo International	1-844-882-3786	www.aequointernational.com
2.	Educational Credential Evaluators	(414) 289-3400	http://www.ece.org
3.	International Consultants of Delaware	(215) 222-8454	http://wwwicdeval.com

Examination Fees

Examination Type	First Time Fees (includes license)	Re-Exam Fees
Cosmetology Theory & Practical	\$ 175.00	\$ 130.00
Cosmetology Theory	\$ 115.00	\$ 70.00
Cosmetology Practical	\$ 105.00	\$ 60.00

Fees may be paid online with a credit card (Master Card, Visa or Discover) or call 1-888-822-3272 in order to submit your fees via money order or certified check by requesting an invoice. Your application will not be considered complete until payment has been received. Incomplete applications will be processed for the next available practical exam date once all required information has been received by PCS.

Refund Policy

Please carefully review this handbook and your state laws, rules and regulations prior to making payment.

All fees are non-refundable.

! Endorsement candidates are especially encouraged to carefully review licensing requirements for testing PRIOR to completing an online application with PCS. <u>If testing is not required, fees are non-refundable.</u>

Practical Examination Dates

2014

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Location	Examination	Application Deadline
	Date	Deadline
Columbia	01/27/2014	01/06/2014
Columbia	02/17/2014	01/27/2014
Columbia	03/17/2014	02/24/2014
Columbia	04/21/2014	03/31/2014
Columbia	05/19/2014	04/28/2014
Columbia	06/16/2014	05/26/2014
Columbia	07/21/2014	06/30/2014
Columbia	08/18/2014	07/28/2014
Columbia	09/15/2014	08/25/2014
Columbia	10/20/2014	09/29/2014
Columbia	11/17/2014	10/27/2014
Columbia	12/15/2014	11/24/2014

2015

Location	Examination Date	Application Deadline
Columbia	1/26/2015	1/5/2015
Columbia	2/23/2015	2/2/2015
Columbia	3/16/2015	2/23/2015
Columbia	4/20/2015	3/30/2015
Columbia	5/18/2015	4/27/2015
Columbia	6/15/2015	5/25/2015
Columbia	7/20/2015	6/29/2015
Columbia	8/17/2015	7/27/2015
Columbia	9/21/2015	8/31/2015
Columbia	10/19/2015	9/28/2015
Columbia	11/16/2015	10/26/2015
Columbia	12/21/2015	11/30/2015

Special Accommodations

If you require special accommodations under the Americans with Disabilities Act, you must submit an ADA Request Form along with supporting medical documentation. You may download a copy of this form by going to the Forms Section of the South Carolina Cosmetology page at http://www.pcshq.com.

Application Requirements

The following items must be submitted to PCS via mail or you can upload to your application by logging into your Home Page once an online application has been completed.

- 1. A current 2" x 2" passport type photo. (must be color)
- 2. Copy of Photo Identification Card must be non-expired Driver's License, State ID Card or U.S. Passport.
- 3. Copy of Social Security Card.
 - If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- 4. Copy of High School Diploma, High School/College Transcript, or G.E.D. High School Transcript must show completion of at least the 10th grade. (If name on H.S. education differs from name on application, proof of legal name change is required)
- 5. Affidavit of Eligibility Must be notarized* (See FORMS section at www.pcshq.com)
- 6. Training Affidavit Must be notarized* (See FORMS section at www.pcshq.com)
 - Enrollment and Graduation dates must include month, day, and year (mm/dd/yyyy).
 - Out of State candidates may submit an official transcript as long as the transcript provides a breakdown of hours by subject. Enrollment and Graduation dates must also be included.

Criminal Conviction

Information may be submitted via mail or you can upload to your application by logging into your Homepage.

- If you have a conviction which occurred in the state of South Carolina, you must submit court documents and a SLED report which can be obtained by calling 803-737-9000 or visiting www.sled.sc.gov.
- If you have a conviction which occurred outside the state of South Carolina, you must submit court documents and a criminal history report from the local law enforcement office (in the state where the conviction occurred).

Testing Prior to Completion of Training

- If you attend a private (non-vocational) school within South Carolina and you have completed at least 1,350 Cosmetology hours, you can take the examinations prior to completing the full 1,500 hour requirement. Effective June 17th 2013.
- Once you have completed the required 1500 Cosmetology Hours, your school must submit an Affidavit of Completion via mail (See Form Section on the PCS Webpage). You will not receive a Notice of Completion and your application will not be forwarded to the South Carolina State Board Office until this form has been received by PCS.

^{*} All documents that require a notary seal may be <u>uploaded</u> to your Home Page as long as the form is notarized with an ink stamp. If a raised seal is used by the notary public, then this document must be mailed to PCS.

Expired License

How to Reinstate an Expired License

- 1. If you hold a South Carolina license which has been expired for less than three years, you must contact the South Carolina State Board Office at (803) 896-4588 for information on how to reinstate your license.
- 2. If you hold a South Carolina license which has been expired for three years or longer, you must complete a new online application with PCS and submit all required documents. The full examination must be repeated (practical and theory).

Application Requirements

The following items must be submitted to PCS via mail you can upload to your application by logging into your Homepage once an online application has been completed.

- 1. A current 2" x 2" passport type photo. (must be color)
- 2. Copy of Photo Identification Card must be non-expired Driver's License, State ID Card or U.S. Passport.
- 3. Copy of Social Security Card.
 - ➤ If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- Copy of High School Diploma, High School/College Transcript, or G.E.D. High School Transcript must show <u>completion</u> of at least the 10th grade. (If name on H.S. education differs from name on application, proof of legal name change is required)
- 5. Affidavit of Eligibility Must be notarized* (See FORMS section at www.pcshq.com)

^{*} All documents that require a notary seal may be <u>uploaded</u> to your Home Page as long as the form is notarized with an ink stamp. If a raised seal is used by the notary public, then this document must be mailed to PCS.

Endorsement License Requirements

Method One: No Examination Required. You must contact the South Carolina State Board Office at (803) 896-4588 for information on how to endorse your out-of-state Cosmetology license.

- You hold a current out of state Cosmetology license.
- You have passed the NIC theory and practical examinations.

! Endorsement candidates are encouraged to carefully review the qualifications for testing PRIOR to completing an online application with PCS. If testing is not required, fees are forfeited.

Method Two: Must complete an online application with PCS and take the NIC Theory and Practical Examinations through PCS.

- You hold a current out of state Cosmetology license.
- You have not passed the NIC Examinations. (Theory and Practical)

Method Three: Must complete an online application with PCS and take the NIC Examination not previously passed. (Theory or Practical)

- You hold a current out of state Cosmetology license.
- You have previously passed either the NIC Theory or Practical Examination.

Endorsement Application Requirements

Method One

1. Contact the South Carolina State Board office at (803) 896-4588

Methods Two and Three

The following items must be submitted to PCS via mail or you can upload to your application by logging into your Homepage once an online application has been completed.

- 1. A current 2" x 2" passport type photo. (must be color)
- 2. Copy of Photo Identification Card must be non-expired Driver's License, State ID Card or U.S. Passport.
- 3. Copy of Social Security Card.
 - ➤ If card denotes "valid for work only with DHS authorization," a copy of the front & back of a Permanent Resident Card or US Work Authorization Card must also be submitted.
- 4. Copy of High School Diploma, High School/College Transcript, or G.E.D. High School Transcript must show completion of at least the 10th grade. (If name on H.S. education differs from name on application, proof of legal name change is required)
- 5. Affidavit of Eligibility Must be notarized* (See FORMS section at www.pcshq.com)
- 6. Verification of Licensure from out of state

^{*} All documents that require a notary seal may be <u>uploaded</u> to your Home Page as long as the form is notarized with an ink stamp. If a raised seal is used by the notary public, then this document must be mailed to PCS.

PCS Account Set-Up

Before you are able to complete an online application with PCS, you must first become a registered user within the website. To do so, please follow the steps below.

- 1. Go to http://www.pcshq.com
- 2. Click Applicants & Candidates
- 3. Click Cosmetology & Barbering
- 4. Click South Carolina
- 5. Click Cosmetology Related Professions
- 6. Click Cosmetology
- 7. Click Create an Account (if this is your first time)
- 8. *Creating a PCS Account (first time users only)*; enter valid, unique e-mail address, your first and last name, date of birth, and Social Security number.
- 9. Enter RECaptcha information as prompted; click Create Account
- 10. Check your e-mail account for a PCS system generated e-mail.
- 11. Click link in e-mail to verify account information and create PCS password.
- 12. Click Enable Account

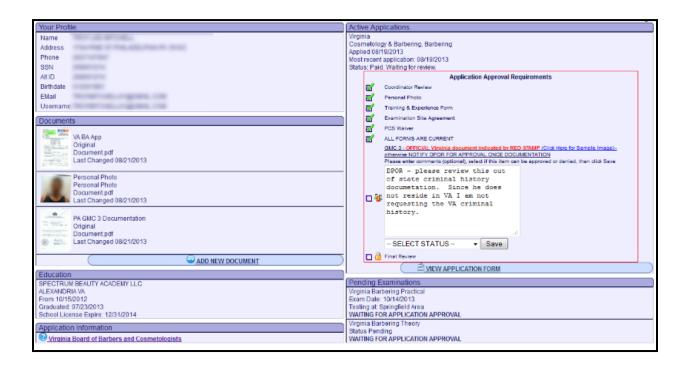
New Professional Credential Services Account			
By signing up for a free account, you can access your application and licensing information.			
PROFESSIONAL			
To access your information online, please create your personal account. You MUST use a <u>unique</u> e-mail address for electronic communication and account verification. Please DO NOT use your school instructor's e-mail address. This account is for applicants only.			
E-Mail Address			
First Name			
Last Name Birth Date (m/d/mm)			
Birth Date (m/d/yyyy)			
If you have applied with Professional Credential Services before, please provide the following in order to retrieve your records.			
Social Security Number			
Please enter the RECaptcha information below			
Type the text Privacy & Terms Create Account			

PCS Application

Once you have created your PCS account, you are then ready to complete the online application. To do so, please follow the steps below.

- 1. Complete steps 1-6 listed above.
- 2. Click LOGIN HERE (if you have already created an account)
- 3. Enter e-mail address and password provided during account set-up.
- 4. You are now in the online application; select appropriate license type (i.e. Cosmetology).
- 5. Continue with online application until all required fields have been completed.
- 6. Choose the examinations you wish to take.
- 7. Select Payment Option*.
- 8. Once payment is made, further directions will be sent via email.

*You can provide a credit card in order to pay your fees online or call 1-888-822-3272 in order to submit your fees via money order or certified check by requesting an invoice. Your application will not be considered complete until all required documents, payment, and final approval is received. <u>Incomplete</u> applications will be processed for the next available practical exam date once all required information and final approval is received by PCS.



PCS Candidate Homepage

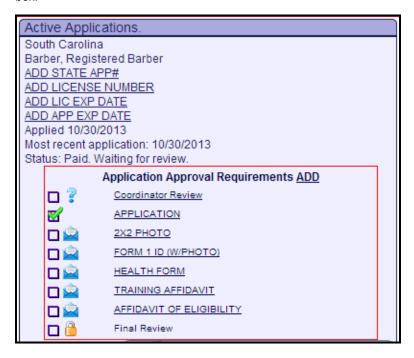
Logging into your Homepage

- 1. Go to http://www.pcshq.com
- 2. Click Client Portal
- 3. Enter e-mail address and password
- 4. Click Log In



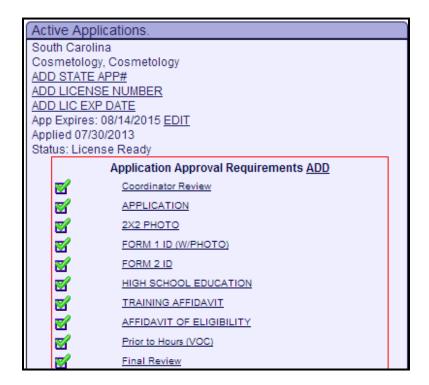
Application Status

You may check the status of your online application 24/7 by logging into your PCS account. As items are received, green check boxes will appear under the Application Approval Requirements section of the Active Applications box.



How do I know if my application is approved?

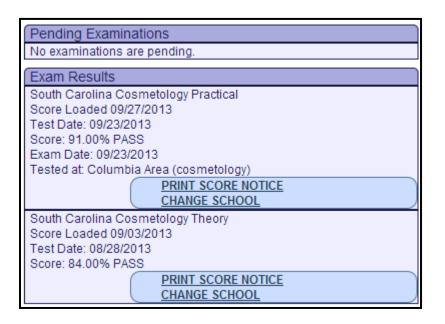
If an application has been approved, a green check will appear in the Final Review Box under Active Applications.



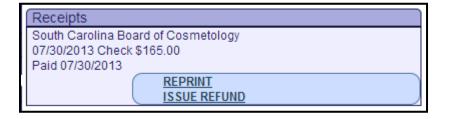
Reprinting Documents

You may reprint information concerning your examinations, payment receipts, and/or scores by logging into your Homepage.

Click Print Score Notice option next to item you wish to reprint a score notice



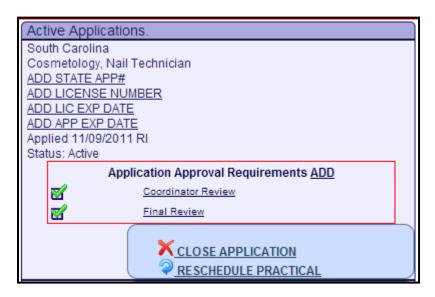
Click Reprint option next to item you wish to print a receipt.



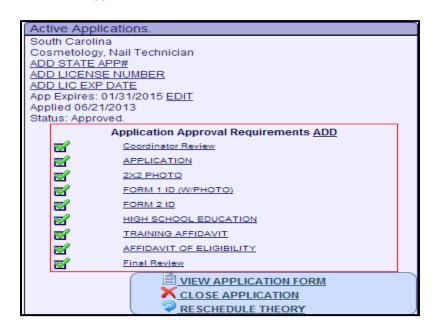
Examination Rescheduling

If you have missed or failed an examination, you may reschedule online with a credit card by logging into your Homepage.

■ To reschedule practical examination, click **Reschedule Practical** under the Active Applications box.



 To reschedule theory examination, click Theory Reschedule under the Active Applications box.



Application Approval Process

Once an online application has been completed (payment has been made), the coordinator will receive notification and a system generated e-mail will be sent to your e-mail to confirm the successful completion of your application. PCS will review your application and enter any requirements which may be pending (i.e. Training Affidavit, High School Education, etc.) no later than three business days. If documents are submitted after the online application has been completed, PCS will enter those as received no later than three business days of receipt.

- If PCS receive an application or a required document which is incomplete or completed incorrectly, PCS will notify you via e-mail and your file will remain pending until all necessary information has been received.
- In order to receive your desired practical examination date, the online application, required documents, payment and final approval must be received before the examination deadline.
- Late or incomplete applications will be processed for the next available practical examination once all required information has been received.

Examination Notification

Once your application has been approved, PCS will forward the following notifications via e-mail.

- 1. A Theory Authorization to Test (ATT) letter will be sent via e-mail within one business day.
- 2. A Practical Admission Notice confirming your assigned date, time, and location will be sent via email 10 business days prior to your examination date.

! If you do not receive any e-mails within the time frame listed above, it is your responsibility to check your PCS account and reprint this information. If you are unable to access your account, it is your responsibility to contact PCS at (888) 822-3272.

Examination Scheduling

Theory Examination Scheduling

Once you have received your ATT letter, you must contact PSI to schedule your theory appointment.

- Schedule online http://www.psiexams.com
- Schedule with PSI representative at (800) 733-9267 (Monday Friday 7:30 AM to 8:00 PM EST, Saturday 11:00 AM to 5:00 PM EST)
- Schedule with PSIs Interactive Voice Response System during non business hours at (800) 733-9267.

Theory Rescheduling Policy

You may reschedule your theory examination without forfeiting your fee by contacting PSI at least 2 business days prior to your scheduled date. You may call (800) 733-9267 or fax (702) 932-2666. You may also use the automated system using a touch-tone phone (24 hours a day) to cancel or reschedule your examination.

Practical Examination Scheduling

You will request a practical date when completing your on-line application. As long as you have all required information in by the deadline date, you will be scheduled to take your examination on the date requested. Otherwise you will be assigned to the next available once your application has been approved.

Practical Rescheduling Policy

Rescheduling is not permitted for the practical examination without forfeiting your fee unless you are hospitalized or involved in a traffic accident on the way to the test center which prevents you from arriving on time. In these cases, documentation must be faxed to (615) 846-0153 to the attention of the SC Coordinator; e-mailed to your coordinator at sccos@pcshq.com; or uploaded to your homepage.

Inclement Weather Policy

In the event of inclement weather or similar emergency, a scheduled examination may be canceled or delayed. However, this decision is made only in rare instances and at the discretion of PCS and/or PSI. If a test center is open for testing, and you choose not to appear for your scheduled examination, your fee will be forfeited. You will have to reschedule your appointment and resubmit the appropriate fee to PCS. If you have reason to question whether or not a center will be closed due to an emergency, please call PCS to make inquiries regarding the practical examination and PSI for inquiries regarding the theory examination.

Examination Day Requirements

What do I need to take with me to the examination?

- Admission Notice (practical) or ATT Letter (theory)
- A current 2" x 2" passport type photo (must be color)
- Two (2) forms of identification with one form must be a government issued photo id (see below)
- Examination Supplies (if taking practical examination see NIC Content Outline page)

If you fail to bring these items, you will not be allowed to take the examination and you will forfeit your examination fee.

Acceptable Forms of Identification

Both forms of Identification must be listed under the name which you applied.

Primary ID (current, non-expired Governments Issued ID)

- State issued Driver's License
- State issued Identification Card
- US Government issued Passport
- US Government issued Military Identification Card
- US Government issued Alien Registration Card

Secondary ID (signature, non-expired)

- Credit Card or Debit (ATM) Card
- Social Security Card
- US issued Birth Certificate
- An alternate form of Primary ID (i.e. if you have a Driver's License, you can bring your US Passport as a Secondary ID)

Arrival

You must arrive at the test center at least thirty (30) minutes prior to your examination for registration. If you arrive past your examination time, you will not be permitted to test and a rescheduling fee will be required.

General Examination Policies

Security Policy

Suspected security breaches during either the theory or practical test administrations, such as an act of impersonation, creating a disturbance, giving or receiving unauthorized information or aiding other candidates, attempting to remove test information by any means, possessing prohibited materials or sharing supplies may be sufficient cause to dismiss you from the examination site or to invalidate or cancel your scores. Suspected breaches may be identified by observation or suspicion by the test center staff, or may be evidenced by subsequent statistical analysis of examination materials. PCS reserves the right to investigate each incident of misconduct and will report such incidents directly to the Board. The Board will make all final decisions on examination score invalidations or cancellations. **No visitors, guests or children are allowed in the test center.**

Copyrighted Examination Questions

All test questions are the express copyrighted property of NIC. It is forbidden under federal copyright law to copy, reproduce, record, distribute or display these test questions by any means, in whole or in part. Doing so may subject you to severe civil and criminal penalties, including prison incarceration and/or fined up to \$250,000 for criminal violations.

Prohibited Items

No food, beverages, purses, notebooks, magazines, backpacks, briefcases, hats, caps, reference books or electronic devices such as cameras, computers or computerized devices, iPods, radios, recording devices, portable fax machines, cellular telephones, calculator watches, reproduction equipment, smoking or the use of tobacco are strictly prohibited in the examination room. Failure to comply with any of these conditions will result in you being dismissed immediately, and your actions reported to the proper authorities. PCS is not responsible for **any** personal items brought to the examination site.

Environmental Distracters

Although every attempt is made to provide a quiet and comfortable test environment, noise and room temperature may be an unforeseen and unavoidable distracter. It is suggested that you wear the type of clothing that would allow you to adapt to a cooler or warmer climate at the testing site.

Examination Results

Score Notices

An official score notice will be e-mailed to you at least 10 business days after your examination date. *An unofficial pass or fail notice will be provided to you by PSI after you take the theory examination.* If you do not receive an e-mail within this time frame, you may print a score notice by logging into your PCS account.

State Score Requirements

The minimum score required to pass both the theory and practical examination is 75. If you fail an examination, PCS will provide a strengths and weakness report (located at bottom of score notice) and information on how to re-apply online. Once you pass both the theory and practical examination, you will receive a *Notice of Completion*.

State Score Requirements

Once all required examinations have been passed, a final review of your application will be performed in order to ensure that all eligibility documents are complete before your materials are sent to the South Carolina Department of Labor Licensing and Regulation (LLR) for the issuing of a permanent license. You may use your *Notice of Completion* to work until you receive your permanent license from LLR.

If you applied prior to completing your training course, an <u>Affidavit of Completion</u> must be submitted from your school to PCS before a final passing score notice (Notice of Completion) will be e-mailed to you.

Change of Information

Directions

Complete the following form – all applicable areas of this form should be completed in order for PCS to properly locate and updated your account.

If you need to update your name, you must provide a copy of your marriage certificate, divorce decree or other court documentation that confirms your name change. Once completed, this form can be uploaded to your PCS Home Page, or sent to the coordinator via email.

Email: sccos@pcshq.com

Print your name as it appears on your Application below.			
Name:			
Street:			
City:	State:	Zip:	
Print your updated name or address below.			
Name:			
Street:			
City:	State:	Zip:	
Print Social Security Number:		-	
Sign and Date your Request:			
Signature:		Date:	

Formal Complaints

Directions

If you have a complaint regarding any aspect of the application and examination process, you must submit a formal written complaint. Complaints regarding examinations must be mailed or emailed to PCS within 48 hours of incident. Written complaint must include the following information.

- First and Last Name
- Last four digits of Social Security Number
- State in which you are applying for a license
- Examination Date & Location if applicable

Send Complaint to:

- 1. Email: sccos@pcshq.com
- 2. Professional Credential Services, Inc.

Attn: South Carolina Cosmetology

P.O. Box 198768

Nashville, Tennessee 37219-8768

Complaint Review Process

Upon receipt of your complaint, PCS will thoroughly review all necessary information. A reply will be sent to you within 5-7 business days.

Scientific Concepts - 30%

Infection Control

- ♦ Microbiology
 - Bacteria
 - Viruses
 - Parasites
 - Immunity
 - Prevention
- ♦ Methods of infection control
 - Sanitation
 - Disinfection
 - Sterilization
- ♦ Federal regulations
 - OSHA guidelines
 - Material Safety Data Sheets (MSDS)
 - Environmental Protection Agency (EPA)
 - Food and Drug Administration (FDA)
 - Universal precautions
- First Aid
 - Minor bleeding
 - Minor burns
 - Minor eye irritation

Human Anatomy

- ♦ Cells
- ♦ Tissue
- ♦ Organs
 - Heart
 - Lungs
 - Skin

Basic Physiology (Body Systems)

- ♦ Skeletal system
 - Skull
 - Bones of the face
 - Bones of the neck
 - Bones of the shoulders
 - Bones of the arms and hands
 - Bones of the legs and feet

- ♦ Muscular system
 - Scalp muscles
 - Mastication muscles
 - Mouth muscles
 - Muscles of the eye and nose
 - Muscles of the arms and hands
 - Muscles of the legs and feet
 - Muscles of the neck
 - Muscles of the shoulders and upper back
- ♦ Types of joints
- ♦ Circulatory system
 - Blood-vascular or cardiovascular system
 - Lymph-vascular system
- ♦ Endocrine system
- ♦ Respiratory system
- ♦ Integumentary system
- ♦ Nervous system
- ♦ Excretory system

Ergonomics/Body Positioning

Basic Principles of Chemistry

- ♦ Matter
- ♦ The pH scale
- ♦ Nutrition
- ♦ Medication
- ♦ Compounds
- ♦ Mixtures
- ♦ Product ingredients
- Product labeling
- ♦ Product safety

Basic Principles of Electricity

- ♦ Electric current
- Electricity in cosmetology
 - Electrotherapy
 - Light therapy

Hair Care and Services - 40%

Trichology

- Properties and structure of the hair and scalp
 - Shaft
 - Root
 - Keratinization
- Hair analysis and hair quality
 - Porosity
 - Elasticity
 - Texture
 - Density
- ♦ Stages of hair growth
- ♦ Hair loss
- ♦ Conditions of the scalp and hair
 - Disorders
 - Diseases

Draping Procedures

- ♦ Shampooing
- ♦ Haircutting
- ♦ Chemical services
- ♦ Thermal

Shampooing, Conditioning, Massaging and Brushing Procedures

- ♦ Hair analysis
- ♦ Scalp analysis
- ♦ Shampooing
 - Product selection
 - Procedure
- ♦ Conditioning
 - Product selection
 - Procedure
- ♦ Scalp treatments
- Scalp massage

Principles of Hair Design

- ♦ Elements of hair design
 - Form
 - Line/Direction
 - Growth pattern
 - Texture
 - Color

- Principles of balance and design
- ♦ Facial shapes

Haircutting Procedures

- ♦ Client consultation
 - Desired look
 - Face shape
 - Lifestyle and/or climate
 - Hair analysis
- ♦ Principles of haircutting
 - Areas of the head
 - Elevation or projection
 - Lines and angles
 - Crosschecking
 - Texturizing
- Tools and safety
 - ElectricalManual
- Basic haircuts
 - Solid form or blunt haircut
 - Graduated form
 - Lavered form
 - Combination form

Hairstyling Procedures

- ♦ Client consultation
- ♦ Wet styling
- ♦ Thermal styling
- ♦ Braiding

Wigs, Hair Enhancements and Extensions

- ♦ Client consultation
- ♦ Wigs and hair enhancements
 - Wig composition (e.g., human or synthetic)
 - Wig construction (e.g., cap and capless)
 - Wig care
- Hair extensions and additions

Chemical Services Consultation

- ♦ Hair analysis
- ♦ Scalp analysis
- Predisposition (skin patch) test
- Preliminary strand test
- ♦ Desired results

Hair Care and Services - 40%

Chemical Services

- ♦ Chemical waving
 - pH balance of chemical waves
 - Chemical waving procedures
- ♦ Chemical hair relaxers
 - pH balance of chemical hair relaxers
 - Chemical hair relaxing procedures

Haircoloring Procedures

- \(\) Law of color
- ♦ Types of haircolor
 - Temporary haircolor
 - Semi-and demi-permanent haircolor
 - Permanent
 - Lighteners
- Haircolor applications
 - Virgin
 - Retouch
 - Color correction

Skin Care and Services - 15%

Skin Histology

- ♦ Composition of the skin
 - Layers of the skin
 - Nerves of the skin
 - · Glands of the skin
 - Types of skin
 - Skin pigmentation
- ♦ Conditions of the skin
 - Disorders
 - Diseases
- ♦ Functions of the skin

Skin Care Services Consultation

- ♦ Skin analysis
- ♦ Health history

Draping Procedures for Facial Services

Temporary Hair Removal Procedures

- ♦ Shaving
- ♦ Tweezing
- ♦ Waxing
- Depilatories
- ♦ Threading
- ♦ Sugaring

Temporary Hair Removal Procedures

- ♦ Shaving
- ♦ Tweezing
- ♦ Waxing
- ♦ Depilatories
- ♦ Threading
- ♦ Sugaring

Facial Procedures

- ♦ Skin care tools
 - Equipment
 - Implements
 - Products and supplies
- > Facial treatments
 - Electrical therapy
 - Massage manipulations
 - Topical applications

Facial Makeup Application

- Makeup color theory
- ♦ Cosmetic application procedures
 - Basic
 - Specialty
 - Corrective
- > Artificial eyelashes
 - Predisposition test
 - Application
- ♦ Eyelash and eyebrow coloring

Nail Care and Services - 15%

Nail Structure

- ♦ Nail composition
- ♦ Nail growth
- Nail conditions
 - Disorders
 - Diseases

Manicure and Pedicure Procedures

- ♦ Nail care tools
 - Equipment
 - Implements
 - Products and supplies
 - Types of manicures and pedicures
 - Basic manicure and pedicure
 - Specialty manicures and pedicures
- ♦ Massage procedures
 - Hand and arm massage
 - Foot and leg massage
- ♦ Infection control procedures for pedicure basin

Advanced Nail Care

- ♦ Preservice and postservice procedures
- ♦ Nail tips
- ♦ Nail wraps and overlays
 - Acrylics
 - Gels
- ♦ Nail art

Sample Questions

The following sample questions are similar to those on the NIC Cosmetology Written Examination. Each question is followed by four answer choices. Only one choice is correct. Correct answers are listed following the sample questions.

- Which of the following substances is usually contained in a toner?
 - a. Metallic dye
 - b. Compound dye
 - c. Vegetable tint
 - d. Oxidation tint

- Which one of the following should be applied to the skin after removal of whiteheads?
 - a. A caustic
 - b. Deodorant
 - c. An antiseptic
 - d. Bleaching cream
- 3. Before disinfecting combs and brushes, they should be
 - a. wiped with a towel.
 - b. wiped with a tissue.
 - c. rinsed in cold water.
 - d. cleaned with soap and warm water.
- 4. What is the process used in tapering and thinning with scissors?
 - a. Clipping
 - b. Slithering
 - c. Razor cutting
 - d. Layer cutting
- 5. The action of chemical hair relaxers causes the hair to
 - a. stop growing.
 - b. harden and set.
 - c. form new curls.
 - d. soften and swell.
- 6. When should a predisposition test be performed?
 - a. When the scalp has cuts
 - b. Before applying peroxide
 - c. Before every application of oxidizing tints
 - d. Before any application of vegetable coloring
- 7. At what part of the nail does growth start?
 - a. Wall
 - b. Matrix
 - c. Lunula
 - d. Cuticle
- 8. What is the function of sebum?
 - a. To dry the skin
 - b. To harden the skin
 - c. To cleanse the skin
 - d. To lubricate the skin
- 9. Sterilization is the process of
 - a. keeping bacteria alive.
 - b. destroying offensive odors.
 - c. destroying beneficial microorganisms only.
 - d. destroying both harmful and beneficial bacteria.
- 10. Where should freshly laundered towels be kept?
 - a. On a clean shelf
 - b. In any convenient place
 - c. In a closed cabinet or drawer
 - d. In neat stacks by the shampoo bowl

The National Cosmetology examination is the national licensure examination for Cosmetology, which is developed and administered by the National-Interstate Council of State Boards of Cosmetology (NIC). The time allowed for this examination is 90 minutes.

Answer Key

1. d 4. b 7. b 10. c

2. c 5. d 8. d

3. d 6. c 9. d

References

PRIMARY REFERENCES

(formerly referred to as Cosmetology References)

Salon Fundamentals Cosmetology
December, 2013, 8th Edition
Pivot Point International, Inc.
World Headquarters
1560 Sherman Avenue, Suite 700
Evanston, IL 60201

800-886-4247 www.pivot-point.com

 ${\it Milady's Standard Cosmetology: Fundamentals}$

2012 Milady

5 Maxwell Drive

Clifton Park NY 12065-2919

www.milady.cengage.com

NIC Health and Safety Standards

NIC, Inc., October 2002 www.nictesting.org

NIC Cleaning and Disinfecting of Circulating and Non Circulating Tubs and Spa's for All Industry Modalities NIC, Inc., August 2007
www.nictesting.org

SUPPORTING REFERENCES

(formerly referred to as Optional References)

Salon Fundamentals Cosmetology
2011, 2nd Edition
Pivot Point International, Inc.
World Headquarters
1560 Sherman Avenue, Suite 700
Evanston, IL 60201
800-886-4247
www.pivot-point.com

Milady's Standard Cosmetology: Fundamentals
2008
Delmar Learning
5 Maxwell Drive
Clifton Park NY 12065-2912
www.milady.cengage.com

Cleaning & Disinfecting of Circulating and Non Circulating Tubs and Spa's for All Industry Modalities.

The recommended cleaning and disinfecting standard for all circulating and non circulating tubs or spas are: (the use of eye goggles and nitrile protective gloves are recommended and exposure of the client's feet, or other skin areas of the body to disinfectants should be avoided).

After each client or service:

- 1. Drain the tub.
- 2. Clean the tub according to manufacturer's instructions. Take special care to remove all film, especially at the water line. Rinse the tub well.
- 3. Fill the tub with water.
 - a. Add appropriate disinfectant into the water according to the following:
 - At Minimum, use an EPA registered, bactericidal, virucidal, fungicidal, and pseudomonacidal (Formulated for Hospitals) disinfectant that is mixed and used according to the manufacturer's directions, EXCEPT TUBS THAT HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS.
 - ii. If a Tub has COME IN CONTACT WITH BLOOD OR BODY FLUIDS at minimum, an EPA registered disinfectant that is effective against HIV –1 and human Hepatitis B Virus or Tuberculocidal that is mixed and used according to the manufacturer's directions shall be used.
 - b. Allow the disinfectant to stand for non circulating tubs or to circulate for circulating tubs for the time specified according to the manufacturer's instructions.
- 4. At the end of the day remove all removable parts (filters, screens drains, jets, etc) clean and disinfect the removable parts as follows:
 - a. Scrub with a brush and soap or detergent until free from debris.
 - b. Rinse.
 - c. Completely immerse in an EPA registered, bactericidal, virucidal, fungicidal, and pseudomonacidal (Formulated for Hospitals) disinfectant that is mixed and used according to the manufacturer's directions.
 - d. Rinse.
 - e. Air dry.
- Replace the disinfected parts into the tubs. (drains, jets, etc) or, store them in a disinfected, dry, covered container that is isolated from contaminants.

Salons are choosing to purchase extra drains and removable parts so the parts can immediately be changed out with pre disinfected parts saving time between clients. If so, any part which has COME IN CONTACT WITH BLOOD OR BODY FLUIDS must at minimum be disinfected with an EPA registered disinfectant that is effective against HIV –1 and human Hepatitis B Virus or Tuberculocidal that is mixed and used according to the manufacturer's directions. Storage as in number 5 above.

Adopted August 2007

State Practical Examination Guidelines

The South Carolina State Board of Cosmetology requires you to be examined on the following services on the practical examination:

Core Domain Services

- Set Up and Client Protection
- Thermal Curling (cold iron will be used to demonstrate)
- Haircutting
- Chemical Waiving
- Virgin Hair Lightening Application and Hair Color Retouch
- Virgin Relaxer Application and Relaxer Retouch
- Basic Facial
- Manicure

Mannequins

A mannequin head is required for all services as well as the necessary clamp to properly secure the mannequin head to a table during the examination. A mannequin hand is required for the Manicure Section as well as the necessary clamp to properly secure the mannequin hand to a table during the examination.

Aerosol Products

You are not permitted to use aerosol products at anytime during the examination.

Kit Size

Recommended kit size is no larger than 30" x 30". For safety reasons, all kits must fit completely under the table areas.

Practical Examination Supplies

Recommended General Supplies	Hair Lightening/Coloring Supplies
All supplies must be labeled in English dry storage kit/container hand sanitizer	 □ tint brush and bowl or bottle applicator □ thick gel or colored cholesterol □ comb(s) □ hair clips
 mannequin head(s) and a table clamp (pre-marked mannequins are NOT permitted) a towel to place between the clamp and the table 	
☐ EPA registered disinfectant that demonstrates bactericidal,	Chemical Relaxing Supplies
fungicidal and virucidal properties must be used container/bag for soiled/trash items container or bag for items to be disinfected cloth and paper towel(s) neck strip(s)	☐ tint brush and bowl or bottle applicator ☐ thick gel or colored cholesterol ☐ comb(s)
☐ shampoo cape (child size is appropriate for	Basic Facial Supplies
mannequin) hair clamp(s) comb(s) hair brush(es) spray bottle protective cream spatula(s)	 □ hair drape □ cleansing cream □ massage cream □ toner or astringent
□ protective cotton	Manicuring Supplies
□ protective gloves□ first aide supplies (blood spill kit)□ tape	 □ mannequin hand(s) with artificial nails attached (Trainer hands are NOT permitted.) □ bowl and container of water
Thermal Curling Supplies	☐ cuticle cream/remover☐ filing and buffing implements
 □ thermal curling iron □ comb(s) □ material for testing temperature of iron 	cuticle pusher nail burning implements nail brush hand lotion or massage product cuticle oil base coat top coat
Haircutting Supplies	☐ red polish☐ polish remover
☐ haircutting shears ☐ razor ☐ comb(s)	
Chemical Waiving Supplies	
 □ chemical wave rods □ end papers □ applicator bottle with simulated waving lotion (water) □ comb(s) 	

Important Instructions

- Do not leave the examination area without permission. Permission must be obtained to leave the examination area for any reason, including restroom usage or at the completion of the examination.
- Candidates are required to bring their own kit with sufficient quantity of supplies in sanitary condition.
 This includes the required implements in proper working order and protective drapes. The kit must be kept closed except when removing or replacing materials for a particular service. The kit will be used during the examination as dry storage and is considered part of the work area.
- All examinations are administered in a testing environment. Candidates should bring a container of water if needed for any section of the examination. Candidates may bring a thermos of hot water if desired. All water and their containers must be taken with the candidates and may not be disposed of at the testing facility.
- Candidates are evaluated at all times. Continue demonstrating until you have completed the entire section.
- Candidates will be given 10 minutes for client protection and to set up the general supplies that they will use throughout the examination.
- Candidates will also be given 2 minutes to set up the supplies for each section of the examination.
- The verbal instructions will be read twice for each section of the examination. Each examination section has a maximum time allowance. Once you have completed all tasks in the section please step back to indicate that you are finished. In the event that all candidates complete the section before the time has elapsed the examiners will proceed to the next section of the examination.
- Candidates must follow all appropriate public protection and infection control procedures during all phases of the practical examination that will ensure the health, safety, and welfare of the public. In the event of a blood spill candidates will be expected to follow the NIC Health and Safety Standards. Failure to do so may result in your

- dismissal from the examination.
- Cellular phones, pagers, any electronic device, printed materials, and handwritten notes are NOT permitted in the examination room. Talking to other candidates or any examiner is strictly prohibited. Failure to comply with any of these conditions will result in you being dismissed immediately, and your actions reported to the proper authorities. Your examiner has been instructed not to answer any questions concerning your examination. This ensures equal opportunity for all candidates and standardization in testing for the National Practical Examination. If you have an emergency situation please ask to speak with the supervisor.
- Chemicals for Chemical Waving, Virgin Hair Lightening, Hair Color Retouch, Virgin Relaxer Application and Relaxer Retouch will be simulated.
- Manufacturer's labels are required on all disinfectants and sanitizers. An EPA registered disinfectant that demonstrates bactericidal, fungicidal and virucidal properties must be used. Simulated products are NOT allowed for disinfectants and hand sanitizers.

Mannequin(s)

You are required to bring a mannequin head(s), it is the candidate's responsibility to appear at the practical examination with their mannequin head(s).

Mannequin heads that have been purchased presectioned indicating the sections by various colors and/or notches are NOT allowed during any part of the practical examination.

You are required to bring a mannequin hand(s) for the practical examination. Mannequin hands with digital fingers (trainer hands) are **NOT** permitted during the examinations. Prior to reporting to the examination candidates **MUST** apply a set of nails to the mannequin hand. The artificial nails must cover the entire nail bed of each finger.

Set Up and Client Protection (10 minutes)

Verbal Instructions:

"You will now set up the general supplies that you will use throughout your examination." "You will also set up the thermal curling supplies." "You will be observed for client protection, safety, and infection control procedures." "You will have 10 minutes to complete this section." "You will be informed when you have 5 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin set up."

Candidates will be evaluated on the following tasks:

- Disinfects work area or uses protective covering
- Disposes of soiled materials using infection control procedures
- Sanitizes hands
- Sets up work area with supplies labeled in English
- Sets up implements that are visibly clean and sanitary
- Uses neck strip or towel and applies drape
- Practices infection control procedures safely throughout setup
- Maintains work area in a safe manner throughout setup

Thermal Curling (10 minutes)

Verbal Instructions:

"You will now perform the thermal curling section of this examination." "You will form three curls on the top of the head and four curls on one side of the head." "You will be observed for client protection, safety and infection control procedures." "You will have 10 minutes to complete this section." "You will be informed when you have 5 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

Candidates will be evaluated on the following tasks:

Demonstration of Curling

- Tests temperature of iron <u>PRIOR</u> to applying to hair
- Subsections hair same width as barrel of iron
- Length of subsection is no longer than 3 inches
- Establishes a base
- Distributes hair evenly around iron

- Forms a complete curl
- Protects scalp from iron with comb
- Forms curl so that the hair is smooth and unmarked

Safety and Infection Control

- Uses iron safely at all times
- Maintains neck strip or towel and drape for protection throughout service
- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

Haircutting (30 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit, wet the hair and brush it straight back for the haircutting section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the haircutting section of this examination."

"You will complete a basic layered haircut using shears and a razor." "You will cut the nape section with a razor." "You will complete the haircut using the shears." "Please do not sweep the hair from the floor until you are instructed." "You will be observed for client protection, safety and infection control procedures."

"You will have 30 minutes to complete this section." "You will be informed when you have 15 minutes remaining." "The instructions will be repeated." "You may begin."

Candidates will be evaluated on the following tasks:

Preparation

- Sets up implements that are visibly clean and sanitary
- Sets up work area with supplies labeled in English
- Sanitizes hands

Haircutting Continued

Demonstration of Haircutting

- Uses razor to establish nape guide
- Cuts entire nape section with elevation using razor
- Handles razor safely at all times
- Uses consistent subsections/partings while cutting hair
- Uses established guides
- Handles shears safely at all times

The following will be read to each candidate after candidate has stepped back to indicate that they have completed their haircut or the timing has elapsed: (Individually)

"May I please use your comb to check your haircut?"

- Cuts nape line to a uniform length
- Cuts sides uniform in length
- Blends haircut evenly
- Cuts at least one inch of hair throughout haircut

Safety and Infection Control

The following will be read to each candidate after checking their haircut: (Individually)

"You may clean up only your hair at this time."

- Removes hair clippings from skin, drape, and work area
- Removes hair from floor completely
- Maintains neck strip or towel and drape for protection throughout service
- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

Chemical Waving (20 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the chemical waving section of this examination. Please

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do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the chemical waving section of this examination." "You will wrap the center back section of the head, from crown to nape." "You will be instructed to apply simulated waving lotion." "You will be instructed to demonstrate a test curl."

"Once you are finished or if the timing has elapsed, please step back for instructions to demonstrate saturation and a test curl." "Do not remove the perm rods until the examiner instructs you to remove them." "You will be observed for client protection, safety and infection control procedures." "You will have 20 minutes to complete this section." "You will be informed when you have 10 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

Candidates will be evaluated on the following tasks:

Preparation

- Sets up implements that are visibly clean and sanitary
- Sets up work area with supplies labeled in English
- Sanitizes hands

Demonstration of Chemical Waving

- Subsections hair straight and evenly
- Subsections hair no longer than length of rod
- Subsections hair same width as diameter of rod
- Wraps hair evenly and smoothly around rod
- Distributes hair evenly across end paper
- Extends end papers beyond hair ends
- Places bands correctly
- Uses same rod base placement throughout section
- Wraps hair around rod at least 1 1/2 times

The following will be read to each candidate: (Individually)

"Please demonstrate saturation."

Applies cotton and/or protective cream at nape

Chemical Waving Continued

- Wears gloves during application of simulated product
- Applies simulated product across entire rod safely

The following will be read to each candidate: (Individually)

"Please demonstrate a test curl."

 Unwraps rod at least 1 1/2 turns and hair is held to relax

Safety and Infection Control

- Maintains neck strip or towel and drape for protection throughout service
- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

The following will be read to the entire group of candidates when the timer goes off: "Please stop the chemical waving procedure. Do not remove the perm rods until the examiner instructs you to remove them."

The following will be read to the entire group of candidates after examiners have finished checking all candidates:

"Please remove all rods from the head and brush the hair straight back."

Virgin Hair Lightening Application and Hair Color Retouch (20 minutes, in two 10 minute segments)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the virgin hair lightening application and hair coloring retouch sections of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the virgin hair lightening application section of this examination." "You will be observed for client protection, safety and infection control procedures." "You will have 10 minutes to complete the virgin hair lightening section." "You will be informed when you have 5 minutes remaining." "Upon completion, you will step back until instructed to apply the hair coloring retouch section." "You will have 10 minutes to complete the hair coloring retouch section." "You will be informed when you have 5 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

Candidates will be evaluated on the following tasks:

Preparation

- Sets up implements that are visibly clean and sanitary
- Sets up work area with supplies labeled in English
- Sanitizes hands
- Performs Predisposition/Patch Test with simulated product behind the ear or in the fold of the arm
- Divides head into four equal sections
- Applies protective cream around hairline
- Wears gloves during application of simulated lightener and hair color products

Demonstration of Virgin Hair Lightening Application (10 minutes)

- Subsections hair 1/8 inch wide or less
- Applies simulated product 1/2 inch from scalp
- Applies simulated product up to but not including last 1 inch of hair
- Completely covers subsections with simulated product

Virgin Hair Lightening Application and Hair Color Retouch continued

Candidates will be asked to step back until the hair color retouch begins.

The following will be read to all candidates after timing is completed for virgin hair lightening and all candidates have stepped back: "You have 10 minutes to complete the hair coloring section. "You will be informed when you have 5 minutes remaining." "You may begin."

Demonstration of Hair Color Retouch (10 minutes)

- Outlines hair color retouch quadrant with simulated product
- Subsections hair 1/2 inch wide or less
- Applies simulated product on the scalp out to 2 inches
- Completely covers subsections with simulated product

Safety and Infection Control

- Keeps perimeter skin free of product
- Maintains neck strip or towel and drape for protection throughout service
- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

Virgin Relaxer Application and Relaxer Retouch (20 minutes, in two 10 minute segments)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the virgin relaxer application and relaxer retouch section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the virgin relaxer application section of this examination." "You will be observed for client

protection, safety and infection control procedures." "You will have 10 minutes to complete the virgin relaxer section." "You will be informed when you have 5 minutes remaining." "Upon completion, you will step back until instructed to apply the relaxer retouch section." "You will have 10 minutes to complete the relaxer retouch section." "You will be informed when you have 5 minutes remaining."(1) "The instructions will be repeated." (2) "You may begin."

Candidates will be evaluated on the following tasks:

Preparation

- Sets up implements that are visibly clean and sanitary
- Sets up work area with supplies labeled in English
- Sanitizes hands
- Applies protective cream around hairline
- Wears gloves during application of simulated relaxer product

Demonstration of Virgin Relaxer Application (10 minutes)

- Subsections hair 1/4 inch wide or less
- Applies simulated product 1/2 inch from scalp
- Applies simulated product up to but not including last 1 inch of hair
- Completely covers subsections with simulated product

Candidates will be asked to step back until the relaxer retouch application begins.

The following will be read to all candidates after timing is completed for virgin relaxer and all candidates have stepped back: "You have 10 minutes to complete the relaxer retouch section. "You will be informed when you have 5 minutes remaining." "You may begin."

Demonstration of Relaxer Retouch (10 minutes)

- Subsections hair 1/4 inch wide or less
- Applies simulated product starting slightly off scalp, up to 1/4 inch from scalp and out to 2 inches
- Completely covers subsections with simulated product

Virgin Relaxer Application and Relaxer Retouch continued

The following will be read to each candidate: (Individually)

"Please demonstrate smoothing the relaxer retouch product."

 Demonstrates smoothing of subsection in direction of hair growth and cuticle with moderate tension

Safety and Infection Control

- Keeps perimeter skin free of product
- Maintains neck strip or towel and drape for protection throughout service
- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

Basic Facial (10 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the basic facial section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the basic facial section of this examination."

"You will be observed for client protection, safety and infection control procedures." "You will have 10 minutes to complete this section." "You will be informed when you have 5 minutes remaining." (1) "The instructions will be repeated." (2) "You may begin."

Candidates will be evaluated on the following tasks:

Preparation

- Disinfects work area or uses protective covering
- Sets up work area with supplies labeled in English
- · Sanitizes hands
- Applies hair drape to completely cover hair
- Re-sanitizes hands

Demonstration of Facial

- Removes cleanser from container using infection control procedures and applies it to the entire face safely
- Removes cleanser from face without dragging or pulling skin
- Removes massage product from container using infection
- control procedures and applies it to entire face safely
- Distributes massage product over entire face safely
- Demonstrates massage maintaining continuous contact
- Removes massage product from face without dragging or pulling skin
- Removes all residual massage product safely
- Applies toner/astringent safely

Safety and Infection Control

- Maintains hair drape throughout service
- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service.

Manicure (20 minutes)

Verbal Instructions for Set Up:

"You have 2 minutes to remove the supplies from your kit for the manicure section of this examination. Please do not begin any procedures until the verbal instructions have been read and you are instructed to begin. You may begin set up."

Verbal Instructions:

"You will now perform the manicure section of this examination." "You will be observed for client protection, safety and infection control procedures." "You will have 20 minutes to complete this section." "You will be informed when you have 10 minutes remaining." "Upon completion of the manicure section of this examination, please turn the hand toward the examiner to indicate that you are finished." (1) "The instructions will be repeated." (2) "You may begin."

Candidates will be evaluated on the following tasks:

Preparation

- Disinfects work area or uses protective covering
- Sets up work area with supplies labeled in English
- Sanitizes hands
- Sanitizes hand to be manicured

Demonstration of Filing

- Shapes free edge safely
- Establishes uniform length and shape

Demonstration of Cuticle Care

- Immerses fingers in bowl of water
- Dries hand completely
- Applies cuticle cream or remover using infection control procedures
- Pushes back cuticle safely
- Cleans under free edge safely
- Buffs nail safely
- Applies cuticle oil using infection control procedures

Demonstration of Hand Massage

- Applies massage product using infection control procedures
- Massages palm, back of hand, and fingers while maintaining continuous contact
- Cleanses massage product from each nail plate

Application of Polish

- Applies base coat to cover nail plate
- Applies red polish to cover nail plate
- Applies top coat to cover nail plate

Final Appearance of Nails

- Final appearance of polish is smooth and even
- Cuticle and surrounding skin remain free of polish

Safety and Infection Control

- Disposes of soiled materials using infection control procedures
- Disposes of items to be disinfected in properly labeled receptacle
- Practices infection control procedures safely throughout service
- Maintains work area in a safe manner throughout service

Candidate Summary and Final Cleanup

Verbal Instructions:

"This concludes the national practical examination. Please make sure that all kit supplies and disposable materials are taken with you. Please do not dispose of waste materials, chemicals, or water in the trash receptacles or restrooms as they are unable to accommodate all waste materials from every candidate that takes the examination."

National Cosmetology Practical Examination

Cosmetology References

PRIMARY REFERENCES

(formerly referred to as Cosmetology References)

Salon Fundamentals Cosmetology
December, 2013, 8th Edition
Pivot Point International, Inc.
World Headquarters
1560 Sherman Avenue, Suite 700
Evanston, IL 60201
800-886-4247

Milady's Standard Cosmetology: Fundamentals 2012 Milady 5 Maxwell Drive Clifton Park NY 12065-2919 www.milady.cengage.com

NIC Health and Safety Standards

NIC, Inc., October 2002 www.nictesting.org

www.pivot-point.com

SUPPORTING REFERENCES

(formerly referred to as Optional References)

Salon Fundamentals Cosmetology 2011, 2nd Edition Pivot Point International, Inc. World Headquarters 1560 Sherman Avenue, Suite 700 Evanston, IL 60201 800-886-4247 www.pivot-point.com

Milady's Standard Cosmetology: Fundamentals
2008
Delmar Learning
5 Maxwell Drive
Clifton Park NY 12065-2912
www.milady.cengage.com

NIC Health and Safety Standards Blood Spill Procedure

If a blood spill should occur, the following steps MUST be followed:

- SUPPLY INJURED PARTY WITH LIQUID STYPTIC/ANTISEPTIC AND THE APPROPRIATE DRESSING TO COVER THE INJURY.
- DOUBLE BAG ALL BLOOD-SOILED (CONTAMINATED) ARTICLES AND LABEL WITH RED OR ORANGE BIOHAZARD WARNING. This is the responsibility of the candidate and should be executed as follows:

CANDIDATE INJURY - FOR EXAMINATION PURPOSES

- 1. **PROTECTION** If a cut is sustained, stop the service and clean the injured area.
- APPLY antiseptic and/or liquid or spray styptic as appropriate (see NOTE).
- 3. **DRESSING** cover the injury with the appropriate dressing.
- COVER injured area with finger guard or glove as appropriate.
- 5. **CLEAN** model/client and station as appropriate.
- DOUBLE BAG and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.
- 7. **RETURN** to service.

MODEL INJURY – FOR EXAMINATION PURPOSES

- 1. **STOP** service.
- 2. **GLOVE** hands of candidate/student/licensee.
- 3. **CLEAN** injured area as appropriate.
- 4. **APPLY** antiseptic and/or liquid or spray styptic as appropriate (see NOTE).
- 5. **COVER** the injury with the appropriate dressing to prevent further blood exposure.
- DOUBLE BAG and dispose of all contaminated objects. Clean hands with antimicrobial cleanser.
- 7. **RETURN** to service.

EXAMINERS:

 EXAMINER IS TO USE UNUSED DISPOSABLE LATEX GLOVES OR NON-ALLERGENIC EQUIVALENT WHEN

- CHECKING THAT CANDIDATE'S SERVICE. DOUBLE BAG AND DISPOSE USED GLOVES.
- FOLLOW WITH ANTIMICROBIAL SCRUB ON HANDS.
- DOCUMENT INCIDENT IN BLOOD SPILL LOG.

NOTE: DO NOT ALLOW CONTAINERS, BRUSHES, NOZZLES OR LIQUID STYPTIC TO TOUCH THE SKIN OR CONTACT THE WOUND. USE AN APPLICATOR. EXAMINERS SHOULD ALSO COMPLETE AN INCIDENT REPORT.

Wet Disinfection Standard

- All tools and implements, EXCEPT THOSE THAT
 HAVE COME IN CONTACT WITH BLOOD OR BODY
 FLUIDS must be disinfected, at minimum, by
 complete immersion in an EPA registered,
 bactericidal, virucidal, fungicidal, and
 pseudomonacidal (Formulated for Hospitals)
 disinfectant that is mixed and used according to the
 manufacturer's directions.
- All tools and implements WHICH HAVE COME IN CONTACT WITH BLOOD OR BODY FLUIDS must be disinfected, at minimum, by complete immersion in an EPA registered disinfectant that is effective against HIV-1 and human Hepatitis B Virus or Tuberculocidal that is mixed and used according to the manufacturer's directions.

Dry Storage Standard

Disinfected implements must be stored in a disinfected, dry, covered container and be isolated from contaminants.

Hand Washing

(Anti-Bacterial Soap is recommended)

Thoroughly wash hands and the exposed portions of arms with antibacterial soap and water before providing services to **each client** *and* after smoking, drinking, eating, and using the restroom.

Frequently Asked Questions

General Questions

1. What is NIC?

NIC is the abbreviation for the National Interstate Council of State Boards of Cosmetology, Inc. NIC is the founder of national testing for cosmetology, and cosmetology related fields.

2. Are the NIC examinations offered in other languages?

All NIC practical examinations are administered in English. NIC offers the written examinations in other languages as mandated by State legislation. Please refer to your state's requirements. Many states do not offer alternate languages because the students are learning in English. The pass rate on foreign language examinations is very low.

3. What if I do not know what a task means on the NIC practical examination?

All questions and tasks are referenced to all textbooks listed in this Candidate Handbook. The information must be the same in all referenced textbooks in order for it to be used on the examination. NIC has a National Textbook Committee that works with the textbook companies to ensure the information is consistent and correct.

4. Will I be evaluated on technique?

NIC examinations do not evaluate technique. This Candidate Handbook lists the tasks that are evaluated.

5. What if I have an emergency during the practical examination?

You may ask to speak with the examination proctor if you are experiencing an emergency situation. Problems with the kit or supplies are not an emergency situation and you should do the best you can with what you have available.

6. What if I need to use the restroom during the practical examination?

You may ask the examiner to be excused to use the restroom; you will be asked to sign out and back into the examination. The examinations will continue and they will not be permitted extra time.

7. What should I do if I cut myself during the examination?

You are expected to follow the NIC Health and Safety Standards; failure to do so may result in your dismissal from the examination. Please refer to the page in this handbook that outlines the NIC Health and Safety Standards procedures.

8. What if I forgot to pack something that I need for the practical examination?

In the event that you forget an item or implement or something breaks, you should do the best you can do with what you have available. You should continue as you are able and perform as many tasks as you are able.

9. Do kits need to have a cover and does it have to be kept closed during the examination?

Implements and supplies must be in a closed container. Kits must be kept closed at the exam site except when removing or replacing supplies. Suitcases must be zipped shut.

Frequently Asked Questions

Specific Cosmetology Practical Questions

1. Does the mannequin have to be brand new?

Candidates should **not** bring a brand new mannequin. The mannequin should be prepped prior to the
examination with color or a perm to provide texture to the hair. Candidates should leave the hair long
enough so that 1 inch of hair can be removed throughout the haircut and still be long enough to
complete all remaining areas of the examination.

2. Why are pre-marked mannequins not allowed?

 NIC does not permit pre-marked mannequins because the mannequin heads have been pre-sectioned to indicate the sections by various colors and/or notches. Pre-marked mannequins are intended for teaching purposes but are not permitted during examinations.

3. Can I drape my mannequin during the 10 minute set up time?

Candidates are given 10 minutes to set up the general supplies and to perform client protection. Your mannequin should be considered one client throughout all services but candidates must maintain their work area in a safe and sanitary manner. It is helpful to use a towel under the drape instead of a neck strip because it will stay in place better. Candidates may use one cape (fabric or plastic) throughout the entire examination but, if the cape slides down it must be re-applied. Child size capes are recommended for mannequins.

4. Why do I need two separate bags or receptacle?

 One bag or receptacle must be labeled "items to be disinfected" and a second bag or receptacle must be labeled "items to be discarded"

5. Do I need to roll the iron from base to ends while clicking during the thermal curling section of the Cosmetology examination?

The Cosmetology examination does not require feeding and guiding the hair but candidates must establish a base and form a complete curl.

6. Does the haircut need to be at a 90 degree angle and do I start in the nape section?

Candidates must demonstrate elevation. NIC does not evaluate the level of elevation but it must be layered and cannot be all one length. Candidates may start the haircut in any area of the head but, most candidates start with the razor in the nape section. NIC does not evaluate candidates sectioning of the head. The only tasks that are evaluated are listed in this Candidate Handbook.

7. Do I need a guard on my razor?

Guards are not required but you must handle your razor in a safe manner at all times.

8. Can I go back over the nape section with the shears after I have finished with the razor?

 After cutting the entire nape section with the razor candidates may go back over the nape section with the shears.

9. Can I sweep my hair after completing the haircut or do I have to wait for the examiner to instruct me? Do I need to bring a broom and dustpan for my practical examination?

• The examiners will instruct candidates to clean up their hair after they have checked the haircut. PCS provides brooms and dustpans.

Frequently Asked Questions

10. Should I section the head for chemical waving?

 Candidates do not have to section the head as they are only evaluated on the center back section of the head from crown to nape.

11. Do I need to use a particular size rod for chemical waving?

NIC does not require a specific rod size but candidates must demonstrate subsections that are the same size as the rod used and the hair must be long enough to wrap around the rod at least 1 ½ times.

12. Will the examiner tell me when to demonstrate saturation and a test curl?

The examiners instruct each candidate to demonstrate saturation and a test curl. If a candidate finishes before the time has elapsed the candidate must wait for the examiner to instruct them. If a candidate is not finished before the time has elapsed the examiner will instruct them to stop the service, demonstrate saturation and a test curl before continuing to the next section of the exam.

13. Does the examiner expect to see an "S" formation when a test curl is demonstrated?

• The examiners do not expect to see an "S" formation because a simulated product is being applied for a very short period of time. Candidates should allow the hair to relax when demonstrating a test curl and should not push the hair.

14. What product should I use to demonstrate the Predisposition/Patch Test, Hair Lightening, Hair Coloring and Chemical Relaxing?

Candidate should use something with color like cholesterol or conditioner, etc... We recommend not
using a clear gel.

15. Can I use the same simulated product for Predisposition/Patch Test, Hair Lightening, Hair Coloring and Chemical Relaxing?

 Candidates may use one product with a label for Patch Test and Lightener over another label that states Hair Color and then a label for Chemical Relaxing. They can remove the labels as they move from section to section without having to have multiple products or containers.

16. Can I apply the protective cream for all sections at once?

• Candidates may apply the protective cream around the hairline for all 4 sections at once.

17. Why is NIC requiring a 2 inch hair color retouch and a 2 inch relaxer retouch?

• NIC requires a 2 inch retouch to allow plenty of coverage for the examiners to evaluate without having to invade the candidate's space.

18. Will the examiner tell me to demonstrate smoothing the relaxer product?

The examiner instructs each candidate to demonstrate smoothing the relaxer retouch product.